BARLOW JAMES R

Form 4

March 15, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

Estimated average

See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BARLOW JAMES R			2. Issuer Name and Ticker or Trading Symbol Home Federal Bancorp, Inc. of Louisiana [HFBL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) C/O HOME : FLORIDA S		(Middle) BANK, 222	3. Date of Earliest Transaction (Month/Day/Year) 03/13/2019	X Director 10% OwnerX Officer (give title Other (specify below) below) President & CEO***		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
SHREVEPORT, LA 71105				Form filed by More than One Reporting Person		

(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned
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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/13/2019		D D	2,089	D D	\$ 32.49	22,562 (1)	D	
Common Stock							13,500	I	By IRA
Common Stock							550	I	By Spouse
Common Stock							14,560.9705 (2)	I	By 401(k) Plan
Common Stock							6,976.085	I	By ESOP

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Mumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and A Underlying S (Instr. 3 and	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 23					<u>(3)</u>	10/26/2025	Common Stock	10,000
Employee Stock Option (Right to Buy)	\$ 18.92					<u>(4)</u>	07/31/2024	Common Stock	2,133
Employee Stock Option (Right to Buy)	\$ 14.7					01/31/2017(5)	01/31/2022	Common Stock	48,630
Employee Stock Option (Right to Buy)	\$ 10.93					08/19/2015 <u>(6)</u>	08/19/2020	Common Stock	9,611

Reporting Owners

Reporting Owner Name / Address		I	Relationships	
	Director	10% Owner	Officer	Other

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BARLOW JAMES R C/O HOME FEDERAL BANK 222 FLORIDA STREET SHREVEPORT, LA 71105

X

President & CEO***

Signatures

/s/James R. 03/15/2019 Barlow

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Includes 6,000 shares granted pursuant to the 2014 Stock Incentive Plan which reflect the unvested portion of a grant award originally
- (1) covering 15,000 shares that commenced vesting at a rate of 20% per year on October 26, 2016, and 6,473 shares held jointly with the reporting person's spouse.
- (2) Reflects units which represent share interests and a reserve of cash in the Issuer's 401(k) Plan. Based on a report dated March 13, 2019.
- (3) The options are vesting at a rate of 20% per year commencing on October 26, 2016.
- (4) The options are vesting at a rate of 20% per year commencing on July 31, 2015.
- (5) The options vested at a rate of 20% per year commencing on January 31, 2013.
- (6) The options vested at a rate of 20% per year commencing on August 19, 2011.

Remarks:

*** Also serves as President and Chief Executive Officer of the Issuer's wholly owned subsidiary, Home Federal Bank.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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