Lowe Marcus D Form 4 December 18, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

3235-0287 Number: January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

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may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *Lowe Marcus D	2. Issuer Name and Ticker or Trading Symbol ADAPTEC INC [ADPT]	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle)	3. Date of Earliest Transaction	(Check all applicable)		
691 SOUTH MILPITAS BLVD.	(Month/Day/Year) 12/16/2009	Director 10% Owner _X_ Officer (give title Other (specify below) VP, Marketing & Business Dev.		
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)		
MILPITAS, CA 95035	Thea(Montarbay, Teat)	_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

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(City)	(State) (Zip) Table	e I - Non-D	Perivative Securit	ties Acq	quired, Disposed	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	(A) or Amount (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	12/16/2009		F	-, D	\$ 3.29	11,499	D	
Common Stock						196	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative	Deriv
Security	Secui
(Instr. 5)	Bene
	Owne
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	Trans
	(Instr
	2

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Lowe Marcus D 691 SOUTH MILPITAS BLVD. MILPITAS, CA 95035

VP, Marketing & Business Dev.

Signatures

/s/ Marcus D. 12/18/2009

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents shares that were automatically withheld to cover tax withholding obligations. On December 16, 2009, the Company accelerated 25% of the total restricted stock award granted on August 4, 2008 (as reported on Form 4 filed on August 6, 2008), not to exceed the unvested options as of November 6, 2009, as per the provisions of the 2004 Equity Incentive Plan.

Remarks:

a currently valid OMB number.

- On December 16, 2009, the Company accelerated 25% of the total stock options granted on November 13, 2008 (as reported
- On December 16, 2009, the Company accelerated 25% of the total stock options granted on August 4, 2008 (as reported on For the Company accelerated 25% of the total stock options granted on July 11, 2005 (as reported on For Foreign 11).
- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays

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