TRUSTCO BANK CORP N Y Form 8-K

August 17, 2004

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 17, 2004 (August 17, 2004)

TrustCo Bank Corp NY

(Exact name of registrant as specified in its charter)

New York (State or other jurisdiction of incorporation)

0-10592 14-1630287 -----

(Commission File Number)

(IRS Employer Identification No.)

5 Sarnowski Drive, Glenville, New York 12302 (Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: (518) 377-3311

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TrustCo Bank Corp NY

Item 5. Other Events

A press release was issued on August 17, 2004, declaring a quarterly cash dividend of \$0.15 per share, payable October 1, 2004, to the shareholders of record at the close of business on September 3, 2004. Attached is the press release labeled as

exhibit 99(a).

Item 7 (c) Exhibits

Reg S-K Exhibit No. 99(a)

Description
One page press release
dated August 17, 2004,
declaring a quarterly cash
dividend of \$0.15 per
share, payable October 1,
2004, to the shareholders
of record at the close of
business on September 3,
2004.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Dated: August 17, 2004

TrustCo Bank Corp NY
(Registrant)

By:/s/ Robert T. Cushing
----Robert T. Cushing
Executive Vice President and Chief
Financial Officer

Exhibits Index

The following exhibits are filed herewith:

Reg S-K Exhibit No.	Description	Page
99 (a)	One page press release dated August 17,	
	2004, declaring a quarterly cash dividend	5
	of \$0.15 per share, payable October 1,	
	2004, to the shareholders of record at the	
	close of business on September 3, 2004.	

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Exhibit 99(a)

Subsidiary: Trustco Bank NASDAQ -- TRST

Contact: Robert M. Leonard
Vice President
518-381-3693

FOR IMMEDIATE RELEASE:

TRUSTCO DECLARES CASH DIVIDEND

Glenville, New York - August 17, 2004. On August 17, 2004, the Board of Directors of TrustCo Bank Corp NY declared a quarterly common stock cash dividend of \$0.15 per share, payable October 1, 2004, to the shareholders of record at the close of business on September 3, 2004.

TrustCo Bank Corp NY is a \$2.8 billion bank holding company and through its subsidiary, Trustco Bank, operates 69 offices in New York, Vermont, and Florida. In addition, the bank operates a full service Trust Department that has \$931 million of assets under management. The common shares of TrustCo are traded on the Nasdaq National Market tier of the Nasdaq Stock Market under the symbol TRST.