SWIFT A EARL Form 4

December 16, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB
3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: January 31, 2005

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

Estimated average

See Instruction

1(b).

(Print or Type Responses)

1. Name and A SWIFT A E	Symbol	2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]			5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M		Earliest Tra		`	eck all applicabl		
16825 NOR	THCHASE DR. #	(Month/D 4400 12/15/20	•		X Director X Officer (g below)	ive title Oth below) COB		
	4. If Amer	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check			
HOUSTON	, TX 77060	Filed(Mon	th/Day/Year)			y One Reporting Poy y More than One R		
(City)	(State)	Zip) Table	e I - Non-D	erivative Securities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities	5. Amount of	6. Ownership	7. Nature o	
Security	(Month/Day/Year)	Execution Date, if	Transactio	onAcquired (A) or	Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code	Disposed of (D)	Beneficially	(D) or	Beneficial	
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	Indirect (I)	Ownership	

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities on Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	12/15/2005	12/15/2005	S(1)	8,000	A	\$ 48	71,206	D		
Common Stock							944	I	By family member	
Common Stock							8,634	I	401(K)	
Common Stock							1,031	I	ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title a	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amount	of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underlyi	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
								Δ	mount		
								01			
						Date	Expiration		umber		
						Exercisable	Date	of			
				Code V	(A) (D)				hares		
				Couc v	(II)			31	marcs		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
SWIFT A EARL	v		COD				
16825 NORTHCHASE DR. #400 HOUSTON, TX 77060	X		COB				

Signatures

Karen Bryant POA for A. Earl Swift

12/16/2005

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 plan adopted by the reporting person on April 1, 2005. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays 08/27/2005(1)08/27/2014 Common Stock a currently valid OMB number. D Stock Option (Right to Buy) \$ 1.61 10,000 10,000 D Stock Option (Right to Buy) \$ 1.73 (2) 02/23/2006(1)02/22/2015 Common Stock 10,000 10,000 D Stock Option (Right to Buy) \$ 1.66 (2) 08/23/2006⁽¹⁾08/23/2015 Common Stock 10,000 10,000 D 02/21/2007(1)02/21/2016 Common Stock 10,000 10,000 D Stock Option Stock Option (Right to Buy) \$ 2.9 08/22/2007(1)08/22/2016 Common Stock 10,000 10,000 D Stock Option (Right to Buy) (Right to Buy) \$ 2.2 (2) \$ 2.06 02/21/2008(1)02/21/2017 Common Stock 10,000 10,000 D

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

ZOCCO GLUSEPPE 4000 MACARTHUR BLVD. NEWPORT BEACH, CA 92660

X

Signatures

By: Jasmina Theodore Boulanger, Attorney-in-fact

08/21/2007

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Options become exercisable in whole or part (but only for a whole number of shares) as to one-fourth of the option shares beginning on this date and as to an additional one-fourth of the option shares beginning on the first, second and third anniversaries thereof.
- (2) Shares granted as compensation for services as a Director under the Directors Stock Plan.
- (3) The options are fully vested and immediately exercisable.

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