

INNSUITES HOSPITALITY TRUST
Form 4
April 10, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Barnhill Pamela J

2. Issuer Name and Ticker or Trading Symbol
INNSUITES HOSPITALITY TRUST [IHT]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
09/30/2013

Director 10% Owner
 Officer (give title below) Other (specify below)
President, COO & Vice-Chairperson

C/O INNSUITES HOSPITALITY TRUST, 1625 E. NORTHERN AVENUE, SUITE 105

(Street)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

PHOENIX, AZ 85020

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)			
			Code	V	Amount	(A) or (D)	Price			
Shares of Beneficial Interest, without par value	09/30/2013		P		200	A	\$ 1,4245	11,049	I	By Bretton (Child)
Shares of Beneficial Interest, without par value	11/04/2013		P		200	A	\$ 1,9795	11,249	I	By Bretton (Child)

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Shares of Beneficial Interest, without par value	11/08/2013	P	200	A	\$ 1.99	11,049	I	By Sean (Child)
Shares of Beneficial Interest, without par value	11/13/2013	P	200	A	\$ 1.789	11,249	I	By Sean (Child)
Shares of Beneficial Interest, without par value	11/26/2013	P	200	A	\$ 1.649	11,449	I	By Bretton (Child)
Shares of Beneficial Interest, without par value	12/02/2013	P	200	A	\$ 1.6395	11,449	I	By Sean (Child)
Shares of Beneficial Interest, without par value	12/11/2013	P	200	A	\$ 1.7295	11,649	I	By Bretton (Child)
Shares of Beneficial Interest, without par value	12/16/2013	P	200	A	\$ 1.949	11,649	I	By Sean (Child)
Shares of Beneficial Interest, without par value	01/07/2014	P	200	A	\$ 1.75	11,849	I	By Bretton (Child)
Shares of Beneficial Interest, without par value	01/13/2014	P	200	A	\$ 1.609	11,849	I	By Sean (Child)
Shares of Beneficial Interest, without par value	01/17/2014	P	200	A	\$ 1.599	12,049	I	By Bretton (Child)
	01/21/2014	P	200	A	\$ 1.599	12,049	I	

Shares of Beneficial Interest, without par value

By Sean (Child)

Shares of Beneficial Interest, without par value

239,436 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares
						Code	V (A) (D)		

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Barnhill Pamela J C/O INNSUITES HOSPITALITY TRUST 1625 E. NORTHERN AVENUE, SUITE 105 PHOENIX, AZ 85020	X		President, COO & Vice-Chairperson	

Signatures

/s/ Pamela J. Barnhill
Date: 04/10/2014

__Signature of
Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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