HAMILTON FRED Form 4

May 13, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Number: January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person * **HAMILTON FRED**

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Symbol

(Zip)

Issuer

FORWARD INDUSTRIES INC

[FORD]

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

_X__ Director 10% Owner Other (specify Officer (give title below)

1801 GREEN ROAD, SUITE E (Street)

05/11/2010

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

POMPANO BEACH, FL 33064

(State)

(City)	(State) (2	Table	e I - Non-De	erivative S	ecurit	ies Acqu	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Forward			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Industries Common Stock	05/11/2010		M	20,000	A	\$ 2 (1)	20,000	D	
Forward Industries Common Stock	05/11/2010		F	9,457 (2)	D	\$ 4.23 (3)	10,543 (4)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	ivative Expiration Date urities (Month/Day/Year) uired (A) Disposed of tr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Forward Industries Common Stock Option	\$ 1.8	05/11/2010		M	10,000	02/11/2010	02/11/2019	Forward Industries Common Stock	10,000
Forward Industries Common Stock Option	\$ 2.2	05/11/2010		M	10,000	02/14/2009	02/14/2018	Forward Industries Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
HAMILTON FRED 1801 GREEN ROAD, SUITE E POMPANO BEACH, FL 33064	X					

Signatures

James McKenna, by Power of Attorney

05/13/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 10,000 acquired for \$1.80 per share via stock option exercise 10,000 acquired for \$2.20 per share via stock option exercise
- (2) 9,457 shares were withheld as payment of exercise price (\$40,000) for 20,000 options (10,000 with a strike price of \$1.80 and 10,000 with a strike price of \$2.20). The number of shares withheld was calculated using the closing stock price on the date of exercise, which

Reporting Owners 2

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was \$4.23 on May 11, 2010.

- (3) Per the closing stock price on the date of exercise, May 11, 2010.
- (4) Represents the net amount of shares issued upon exercise.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.