CHILDRESS CLINTON E.

Form 4 May 05, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

0.5

burden hours per response...

5. Relationship of Reporting Person(s) to

Issuer

information contained in this form are not

required to respond unless the form

Estimated average

if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

CHILDRESS CLINTON E.

			TECO ENERGY INC [TE]						(Check all applicable)			
(Last) (First) (Middle) C/O TECO ENERGY, INC., P. O. BOX 111			3. Date of Earliest Transaction (Month/Day/Year) 05/03/2010						Director 10% Owner X Officer (give title Other (specify below)			
	4. If Ame	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check					
TAMPA, F	Filed(Month/Day/Year)						Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	emed on Date, if Day/Year)	3. Transac Code (Instr. 8	etion 3)	4. Securitin(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	05/03/2010			F(1)		1,416	D	\$ 16.93	96,662	D		
Common Stock	05/05/2010			A		24,200	A	\$ 0	120,862	D		
Common Stock									8,888.356	I	By Savings Plan	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.												
						Persor	ns wh	o respo	and to the collec	tion of S	EC 1474	

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2.	3. Transaction Date (Month/Day/Year)		4.	5. onNumber	6. Date Exerc		7. Titl		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Tear)	any (Month/Day/Year)	Code (Instr. 8)	of			Under Secur	rlying	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CHILDRESS CLINTON E. C/O TECO ENERGY, INC. P. O. BOX 111

Sr. VP - Corp. Svcs

TAMPA, FL 33601-0111

Signatures

David E. Schwartz, by Power of Attorney

05/05/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares withheld for taxes due upon vesting of time-vested restricted stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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