TECO ENERGY INC

Form 4 April 28, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

TECO ENERGY INC [TE]

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

January 31, 2005

Estimated average burden hours per

response... 0.5

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Symbol

may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

CANTRELL WILLIAM N

								(Che	eck an applicabl	.e)
(Last)	(First)	(Middle)	3. Date of	Earliest Tra	ansaction					
			(Month/D	ay/Year)				Director	109	% Owner
C/O TECO	ENERGY, INC	P. O.	04/26/20	006				_X_ Officer (give title Other (specify		
BOX 111			0 1,20,2	300				below) below)		
DOX III								President	- Peoples Gas S	System
	(Street)		4. If Ame	ndment, Da	te Original			6. Individual or .	Joint/Group Fili	ng(Check
			Filed(Mon	th/Day/Year))			Applicable Line)		
				, , ,				_X_ Form filed by	One Reporting P	erson
TAMPA, FI	33601-0111							Form filed by More than One Reporting		
ŕ								Person		
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								lly Owned	
1.Title of	2. Transaction D	ate 2A. Dee	emed	3.	4. Securiti	ies Ac	quired	5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Yea	r) Executi	on Date, if					Securities Beneficially		Indirect Beneficial
(Instr. 3)	· ·	any	Í	Code (D)						
		•	Day/Year) (Instr. 8) (Instr. 3, 4 and 5)				5)	Owned Indirect (I)		Ownership
		`	,		,			Following (Instr. 4) (Instr. 4)		
								Reported	· · · ·	
						(A)		Transaction(s)		
						or		(Instr. 3 and 4)		
				Code V	Amount	(D)	Price	,		
Common	04/26/2006			A	14,750	A	\$0	87,105	D	
Stock	04/20/2000			A	14,730	A	\$ U	07,103	D	
Common								6,919.246	I	By ESOP
Stock								0,919.240	1	Dy L301
_										
Common								1,293.446	I	By Savings
Stock								1,293.440	1	Plan
_										
Common								4,619.302	I	By
Stock								4,017.302	•	TRASOP
~										D 0 100
Common								3,863.018	I	By Self for
Stock								5,005.010	•	Daughter

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Common Stock	3,863.018	I	By Self for Son
Common Stock	24,289	I	By Trust
Common Stock	26,240	I	By Wife's Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Empl Stk Opt (Right to	\$ 16.295	04/26/2006		A	22,650	<u>(1)</u>	04/25/2016	Common Stock	22,650	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		

CANTRELL WILLIAM N C/O TECO ENERGY, INC. P.O. BOX 111 TAMPA, FL 33601-0111

President - Peoples Gas System

Signatures

David E. Schwartz, by Power of 04/28/2006 Attorney

> Date **Signature of Reporting Person

2 Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vests in three equal annual installments beginning on April 26, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.