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Kew Terry G Form 4	ł										
May 22, 201	3										
FORM	4								OMB AF	PROVAL	
UNITED STATES SEV				CURITIES AND EXCHANGE CO Washington, D.C. 20549				COMMISSION	OMB Number:	3235-0287	
Check thi if no long subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	6. Filed Section	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							Expires: January 31, 2005 Estimated average burden hours per response 0.5		
(Print or Type F	Responses)										
1. Name and Address of Reporting Person <u>*</u> Kew Terry G		2. Issuer Name and Ticker or Trading Symbol TOWN SPORTS INTERNATIONAL HOLDINGS INC [CLUB]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Mon				Date of Earliest Transaction onth/Day/Year) 21/2013				X Officer (give title Other (specify below) below) Chief Operating Officer			
	(Street)		4. If Amendment, Date Ori Filed(Month/Day/Year)			Applicable Line)		oint/Group Filing(Check One Reporting Person			
NEW YORI	K, NY 10001							Form filed by M Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction I (Month/Day/Ye	ear) Executio any	med n Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	on(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock, par value \$0.001	05/21/2013			S	7,618 (1)	D	\$ 10.49 (2)	81,382	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	TransactionNumber Expiration		Expiration D (Month/Day/ /e s	Expiration Date Month/Day/Year)		tle and unt of erlying rities r. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
Dono	uting C			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
керо	rting O	wners			Relation	iships					

Reporting Owner Name / Addres	Kciauonsinps						
	Director	10% Owner	Officer	Other			
Kew Terry G C/O TOWN SPORTS INTERNATION 5 PENN PLAZA NEW YORK, NY 10001	NAL		Chief Operating Officer				
Signatures							
/s/ David Kastin, Attorney-in-Fact	05/22/2013						
**Signature of Reporting Person	Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares of the Issuer's common stock sold to satisfy income tax withholding obligations in connection with the vesting of restricted stock.

The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$10.43 to \$10.51, inclusive. The reporting person undertakes to provide to Town Sports International Holdings, Inc., any security holder of Town

(2) Sports International Holdings, Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.