Edgar Filing: Flood John H III - Form 4

Flood John H Form 4	1 111										
February 22,											
FORM	UNITE) STATES		ITIES A hington,			NGE (COMMISSION		PROVAL 3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). StateMent of CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940							January 3 Expires: 200 Estimated average burden hours per response 0.				
(Print or Type R	esponses)										
1. Name and Address of Reporting Person <u>*</u> Flood John H III			2. Issuer Name and Ticker or Trading Symbol TOWN SPORTS INTERNATIONAL HOLDINGS INC [CLUB]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director10% Owner			
(Last) C/ TOWN S INTERNAT PENN PLAZ	IONAL HOLD	(Middle) DINGS, 5	3. Date of (Month/Da 02/22/20		insaction			Officer (give below)	title Othe below)	er (specify	
			ndment, Date Original th/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	Table	I Non D	mizativa	Zoonn	ition A or	Person	f or Ponoficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ate 2A. Dee ar) Execution any		3. Transactio Code (Instr. 8) Code V	4. Securi n(A) or Di (D) (Instr. 3,	ties A ispose 4 and (A) or	cquired d of	puired, Disposed o 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	-	
Common Stock, par value \$0.001	02/22/2013			Р	1,800	A	\$ 9.14 (1)	17,431	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Repo	rting O)wners									
	Reporting Owner Name / Address		Relationships								
	1.	,		Director	10% Owi	ner Officer	Other				
5 PENN I	N SPORTS	INTERNATIONA	AL HOLDINGS	Х							
Signa	tures										

/s/ David Kastin,	02/22/2013
Attorney-in-Fact	02/22/2015

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$9.11 to \$9.14, inclusive. The reporting person undertakes to provide to Town Sports International Holdings, Inc., any security holder of Town Sports International Holdings, Inc., or the staff of the Securities and Exchange Commission, upon request, full information

regarding the number of shares sold at each separate price within the range set forth in this footnote.

Date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.