TRIPODO ANTHONY

Form 4

January 02, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b).

(Print or Type Responses)

OMB APPROVAL

OMB Number:

3235-0287

Expires:

January 31, 2005

Estimated average burden hours per

response...

0.5

1. Name and Address of Reporting Person * TRIPODO ANTHONY	2. Issuer Name and Ticker or Trading Symbol HELIX ENERGY SOLUTIONS GROUP INC [HLX]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(Last) (First) (Middle) 400 N. SAM HOUSTON PARKWAY E., SUITE 400	3. Date of Earliest Transaction (Month/Day/Year) 12/28/2012	Director 10% Owner Selfont of the policy below below below Executive Vice President & CFO
(Street) HOUSTON, TX 77060	4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person

(State)

(Zip)

(City)

Table I - Non-Derivative	Securities Acar	uired. Dispose	d of or	Reneficially	Owned
Table 1 - Mon-Delivative	, becarines racqu	un cu, Disposci	u oi, oi	Denenciany	Owncu

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	12/28/2012		S	400	D	\$ 20.12	234,746	D	
Common Stock	12/28/2012		S	1,400	D	\$ 20.13	233,346	D	
Common Stock	12/28/2012		S	4,600	D	\$ 20.14	228,746	D	
Common Stock	12/28/2012		S	1,700	D	\$ 20.15	227,046	D	
Common Stock	12/28/2012		S	2,200	D	\$ 20.16	224,846	D	

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Common Stock	12/28/2012	S	6,800	D	\$ 20.17	218,046	D
Common Stock	12/28/2012	S	2,900	D	\$ 20.18	215,146	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
					4, and 5)						
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
TRIPODO ANTHONY 400 N. SAM HOUSTON PARKWAY E. SUITE 400 HOUSTON, TX 77060			Executive Vice President & CFO				

Signatures

/s/ Anthony 01/02/2013 Tripodo **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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