

KRATZ OWEN E
Form 4
May 04, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
KRATZ OWEN E

2. Issuer Name and Ticker or Trading Symbol
HELIX ENERGY SOLUTIONS GROUP INC [HLX]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
400 N SAM HOUSTON PARKWAY E, SUITE 400
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
05/03/2010

Director 10% Owner
 Officer (give title below) Other (specify below)
PRESIDENT & CEO

HOUSTON, TX 77060

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	
Common Stock	05/03/2010		P	1,900	A	\$ 14.67	4,534,752 ⁽¹⁾ D
Common Stock	05/03/2010		P	5,000	A	\$ 14.68	4,539,752 D
Common Stock	05/03/2010		P	11,000	A	\$ 14.69	4,550,752 D
Common Stock	05/03/2010		P	8,000	A	\$ 14.7	4,558,752 D
Common Stock	05/03/2010		P	11,040	A	\$ 14.71	4,569,792 D

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Common Stock	05/03/2010	P	11,100	A	\$ 14.72	4,580,892	D
Common Stock	05/03/2010	P	5,000	A	\$ 14.73	4,585,892	D
Common Stock	05/03/2010	P	4,960	A	\$ 14.93	4,590,852	D
Common Stock	05/03/2010	P	2,000	A	\$ 14.96	4,592,852	D
Common Stock	05/03/2010	P	2,200	A	\$ 14.98	4,595,052	D
Common Stock	05/03/2010	P	3,000	A	\$ 15	4,598,052	D
Common Stock	05/03/2010	P	400	A	\$ 15.03	4,598,452	D
Common Stock	05/03/2010	P	2,000	A	\$ 15.07	4,600,452	D
Common Stock	05/03/2010	P	7,000	A	\$ 15.15	4,607,452	D
Common Stock	05/03/2010	P	2,000	A	\$ 15.17	4,609,452	D
Common Stock	05/03/2010	P	19,000	A	\$ 15.19	4,628,452	D
Common Stock	05/03/2010	P	4,400	A	\$ 15.2	4,632,852	D
Common Stock	05/03/2010	M	13,400	A	\$ 12.18	4,646,252	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)		Title

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						Date Exercisable	Expiration Date		Amount or Number of Shares
Option	\$ 12.18	05/03/2010	05/03/2010	M	13,400	02/25/2009	02/25/2014	Common Stock	13,400

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
KRATZ OWEN E 400 N SAM HOUSTON PARKWAY E SUITE 400 HOUSTON, TX 77060	X		PRESIDENT & CEO	

Signatures

/s/ Owen Kratz 05/04/2010

__Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Kratz also has indirect holdings of 1,000,000 shares owned by Joss Investments Limited Partnership, the general partner of which is an entity that Mr. Kratz controls.
- (2) This option was granted pursuant to the Company's 1995 Long Term Incentive Plan, as amended, and therefore has no purchase or sales price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.