Edgar Filing: ARBITRON INC - Form 4

ARBITRON INC

Form 4 March 03, 20	006									
FORM 4 LINUTED STATES SECURITIES AND EXCHANCE									OMB APPROVAL	
-	UNIII	ED STATE			ND EXC D.C. 205		IGE (COMMISSION	OMB Number:	3235-0287
Check thi if no long subject to Section 1 Form 4 o	F CHANGES IN BENEFICIAL OWN SECURITIES					NERSHIP OF	Expires: Estimated a burden hou response	irs per		
Form 5 obligation may cont <i>See</i> Instru 1(b).	ns Section	17(a) of the		tility Hold	ding Com	pany	Act of	e Act of 1934, f 1935 or Sectio 40		
(Print or Type F	Responses)									
CITY DI EDOIG OMEN				2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer		
	ARBITI	RON INC	C[ARB]			(Check all applicable)				
(Last) (First) (Middle) 142 WEST 57TH STREET			3. Date of Earliest Transaction(Month/Day/Year)03/01/2006					Director 10% Owner X Officer (give title Other (specify below) below) Pres. US Media Services		
				endment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
NEW YOR	K, NY 10019							Form filed by M Person	More than One Re	eporting
(City)	(State)	(Zip)	Tabl	e I - Non-E	Derivative S	ecurit	ies Acc	uired, Disposed o	f, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Executi any	emed ion Date, if ı/Day/Year)	3. Transacti Code (Instr. 8) Code V	on(A) or Dia (D) (Instr. 3, 4	sposed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	03/01/2006			А	11,667 (1)	А	\$0	11,667	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 38.88	03/01/2006		А	35,000 (2)	03/01/2007	03/01/2016	Common Stock	35

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
CHARLEBOIS OWEN 142 WEST 57TH STREET NEW YORK, NY 10019			Pres. US Media Services					
Signatures								
/s/ Dolores L. Cody, Attorney i Charlebois	03/03/2006							
**Signature of Report		Date						

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Represents shares of restricted common stock that will vest equally over a 48-month period, beginning on March 1, 2007.

(2) Options vest in three equal annual installments beginning on March 1, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.