BERLING HENRY A Form 4 April 24, 2003

FORM 4

_ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Filed By Romeo and Dye's Section 16 Filer www.section16.net

Name and Address of Reporting Person* Berling Henry A					me and Tio		P	6. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 4800 Cox Road	of Reporting Person,					Statement for nth/Day/Year 3/03	10 X O	X Director 10% Owner X Officer (give title below) Other (specify below)				
							P	xecutive Vice resident				
(Street)							Dat	f Amendment, e of Original onth/Day/Year)	7. Individual or Joint/Group Fili (Check Applicable Line) X Form filed by One Reporting			
Glen Allen, VA	23060						(171)	onthi/Day/Tear)	P	erson	More than One	
(City)	(State)	(Zip)	1	able	I Non-I	Derivat	, Dispose	sposed of, or Beneficially Owned				
Title of Security	2. Trans- action	2A. Deemed Execution	3. Transaction C		4. Securition (A) or Disp			5. Amount of Securities		6. Owner- ship Form:	7. Nature of Indirect	
(Instr. 3)	Date (Month/ Day/	Date, if any	(Instr. 8 Code) V	(Instr. 3, 4 Amount	& 5) (A)	Price	Beneficially Owned Follow-		Direct (D) or Indirect (I)	Beneficial Ownership	
	Year)	(Month/Day/ Year)	Code	v	Amount	or (D)	THEC	ing Reported Transactions(s) (Instr. 3 & 4)		(Instr. 4)	(Instr. 4)	
Common Stock	3/31/03		G	V	100	D	17.55	5	327844	D		
Common Stock									8457	I	By Spouse	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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FORM 4 (continued) Table II - Derivative Securities Acquired, Disposed of, or Beneficially **Owned**

(e.g., puts, calls, warrants, options, convertible securities)

_	(**B*) F ****, *******, *******, ***********												
	1. Title of	2. Conver-	3. Trans-	3A.	4.	5. Number	6. Date Exercisable	7. Title and	8. Price of	9. Number of	10.	11. Natur	
	Derivative	sion or	action	Deemed	Trans-	of	and Expiration	Amount of	Derivative	Derivative	Owner-	of Indirec	
	Security	Exercise	Date	Execution	action	Derivative	Date	Underlying	Security	Securities	ship	Beneficia	
		Price of		Date,	Code	Securities	(Month/Day/	Securities	(Instr. 5)	Beneficially	Form	Ownershi	
١													

^{*} If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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(Instr. 3)		Day/ Year)	`	(Instr. 8)	() ()	Acquir (A) or Dispos of (D) (Instr. 3	ed			(Instr. 3 & 4)			Following Reported Transaction(s) (Instr. 4)	of Deriv- ative Security: Direct (D) or Indirect	(Instr. 4)
				Code	V	(A)		Exer-cisable	Expira- tion Date		Amount or Number of Shares			(I) (Instr. 4)	
Stock Option	\$18.48	04/23/03		A	2	20000		04/23/04		Common Stock	20000	\$18.48	201500	D	

Explanation of Responses:

By: /s/ Henry A. Berling

4/25/03

Date

**Signature of Reporting Person

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

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^{**}Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).