DUHAMEL Form 4	WILLIAM F										
August 27, 2	009										
FORM	4									PPROVAL	
	UNITED	STATES					GE C	COMMISSION	OMB Number:	3235-0287	
Check this box					gton, D.C. 20549					January 31,	
if no longer subject to Section 16. Form 4 or Form 5 obligations Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section							e Act of 1934,	Expires: 2005 Estimated average burden hours per response 0.5			
may conti <i>See</i> Instru 1(b).	inue.			vestment	•						
(Print or Type R	Responses)										
1. Name and Address of Reporting Person [*] FARALLON CAPITAL PARTNERS LP (Last) (First) (Middle) C/O FARALLON CAPITAL MANAGEMENT, L.L.C., ONE MARITIME PLAZA, SUITE 2100			 2. Issuer Name and Ticker or Trading Symbol TOWN SPORTS INTERNATIONAL HOLDINGS INC [CLUB] 3. Date of Earliest Transaction (Month/Day/Year) 08/25/2009 					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) DirectorX 10% Owner Officer (give titleX Other (specify below) Member of Group owning 10%			
			4. If Amendment, Date Original Filed(Month/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person _X_ Form filed by More than One Reporting 			
SAN FRAN	CISCO, CA 941	11						Person		eporting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	ecuriti	es Acq	uired, Disposed of	, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executio any			n(A) or Dis (Instr. 3, 4	(A) or	of (D)	Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.001 per share								1,396,011	D (1) (2) (3)		
Common Stock, par value \$0.001 per								1,574,334	D (1) (2) (4)		

share								
Common Stock, par value \$0.001 per share						1,021,256	D (1) (2) (5)	
Common Stock, par value \$0.001 per share						2,500	D (1) (2) (6)	
Common Stock, par value \$0.001 per share	08/25/2009	S	89	D	\$ 3.21	1,694	D (1) (2) (7)	
Common Stock, par value \$0.001 per share	08/25/2009	S	9,037	D	\$ 3.21	172,141	D (1) (2) (8)	
Common Stock, par value \$0.001 per share						65,981	D (1) (2) (9)	
Common Stock, par value \$0.001 per share						4,233,917	Ι	See Footnotes (1) (2) (10)
Common Stock, par value \$0.001 per share						4,233,917	Ι	See Footnotes (1) (2) (11)
Common Stock, par value \$0.001 per share	08/25/2009	S	16,551	D	\$ 3.21	315,290	$\frac{D_{(12)}^{(1)}}{(12)_{(15)}^{(2)}}$	
Common Stock, par value \$0.001 per share	08/25/2009	S	18,666	D	\$ 3.21	355,564	$\frac{D}{(13)} \frac{(1)}{(15)}$	

Common							
Stock, par value \$0.001 per	08/25/2009	S	872	D	\$ 3.21	16,613	$\frac{D_{(11)}}{(14)} \frac{(2)}{(15)}$
share							

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships				
		10% Owner	Officer	Other		
FARALLON CAPITAL PARTNERS LP C/O FARALLON CAPITAL MANAGEMENT, L.L.C. ONE MARITIME PLAZA, SUITE 2100 SAN FRANCISCO, CA 94111		Х		Member of Group owning 10%		
FARALLON CAPITAL INSTITUTIONAL PARTNERS L P C/O FARALLON CAPITAL MANAGEMENT, L.L.C. ONE MARITIME PLAZA, SUITE 2100 SAN FRANCISCO, CA 94111		Х		Member of Group Owning 10%		
FARALLON CAPITAL INSTITUTIONAL PARTNERS II LP C/O FARALLON CAPITAL MANAGEMENT, L.L.C. ONE MARITIME PLAZA, SUITE 2100		Х		Member of Group Owning 10%		

SAN FRANCISCO, CA 94111

FARALLON CAPITAL INSTITU' III LP C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111	NAGEMENT, L.L.C.	Х	Member of Gr 10%	oup Owning		
DUHAMEL WILLIAM F C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111		Х	Member of Gr 10%	oup Owning		
FRIED RICHARD B C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111		Х	Member of Gr 10%	oup Owning		
Hirsch Daniel J. C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111		Х	Member of Gr 10%	oup Owning		
LANDRY MONICA R C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111		Х	Member of Gr 10%	oup Owning		
MacMahon Douglas M C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111		X	Member of Gr 10%	oup Owning		
MILLHAM STEPHEN L C/O FARALLON CAPITAL MAN ONE MARITIME PLAZA, SUITE SAN FRANCISCO, CA 94111		Х	Member of Gr 10%	oup Owning		
Signatures						
Ŭ	n-fact and/or authorized signer for e titutional Partners, L.P. and Farallor		^	08/27/2009		
	**Signature of Reporting Person			Date		
/s/ Monica R. Landry as attorney-i Institutional Partners III, L.P.	n-fact and/or authorized signer for l	Farallon Capital		08/27/2009		
	**Signature of Reporting Person			Date		
/s/ Monica R. Landry, on her own behalf and as attorney-in-fact and/or authorized signer for each of William F. Duhamel, Richard B. Fried, Daniel J. Hirsch, Douglas M. MacMahon and Stephen L. Millham.						
	**Signature of Reporting Person			Date		

08/27/2009

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**Signature of Reporting Person	Date
	08/27/2009
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	08/27/2009
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	08/27/2009
**Signature of Reporting Person	Date
	08/27/2009
**Signature of Reporting Person	Date
**Signature of Reporting Person	08/27/2009 Date
	Date
	08/27/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The entities and individuals identified in the footnotes of this Form 4 may be deemed members of a group holding equity securities of(1) the Issuer. The filing of this Form 4 and any statements included herein shall not be deemed to be an admission that such entities and individuals are members of such group.

Since the number of reporting persons that may be listed on a Form 4 is limited, the entities and individuals listed in the footnotes of this
 Form 4 that are not reporting persons on this Form 4 are filing separate Forms 4 on the date hereof as reporting persons with respect to the securities described in this Form 4 (the "Parallel Forms 4"). Information regarding these entities and individuals is included on this Form 4 for purposes of clarification and convenience only, and is duplicative of the information reported in the Parallel Forms 4.

- (3) The amount of securities shown in this row is owned directly by Farallon Capital Partners, L.P. ("FCP").
- (4) The amount of securities shown in this row is owned directly by Farallon Capital Institutional Partners, L.P. ("FCIP").
- (5) The amount of securities shown in this row is owned directly by Farallon Capital Institutional Partners II, L.P. ("FCIP II").
- (6) The amount of securities shown in this row is owned directly by Farallon Capital Institutional Partners III, L.P. ("FCIP III").
- (7) The amount of securities shown in this row is owned directly by Tinicum Partners, L.P. ("Tinicum").
- (8) The amount of securities in this row is owned directly by RR Capital Partners, L.P. ("RR").
- (9) The amount of securities in this row is owned directly by Farallon Capital Offshore Investors II, L.P. ("FCOI II").

The amount of securities shown in this row is owned directly by FCP, FCIP, FCIP II, FCIP III, Tinicum, RR and FCOI II (collectively, the "Partnerships"). As the general partner of each of the Partnerships, Farallon Partners, L.L.C. ("FPLLC") may be deemed to be the

- (10) beneficial owner of the Issuer's securities held by each of the Partnerships. FPLLC disclaims any beneficial ownership of any of the Issuer's securities reported or noted herein for purposes of Section 16 of the Securities Exchange Act of 1934, as amended (the "Act"), or otherwise, except as to securities representing FPLLC's pro rata interest in, and interest in the profits of, the Partnerships.
- (11) The amount of securities shown in this row is owned directly by the Partnerships. Each of William F. Duhamel, Richard B. Fried, Daniel J. Hirsch, Monica R. Landry, Douglas M. MacMahon, Stephen L. Millham, Jason E. Moment, Ashish H. Pant, Rajiv A. Patel, Andrew J. M. Spokes, Richard H. Voon and Mark C. Wehrly (collectively, the "Managing Members") and Thomas F. Steyer (the "Senior Managing Member"), as either a managing member or a senior managing member of FPLLC with the power to exercise investment

Explanation of Responses:

discretion, may be deemed to be a beneficial owner of the Issuer's securities held by each of the Partnerships. Each of the Managing Members and the Senior Managing Member disclaims any beneficial ownership of any of the Issuer's securities reported or noted herein for purposes of Section 16 of the Act or otherwise, except to the extent of his or her pecuniary interest, if any.

- (12) The amount of securities shown in this row is owned directly by Farallon FCP, Ltd. (the "FCP Trust").
- (13) The amount of securities shown in this row is owned directly by Farallon FCIP, Ltd. (the "FCIP Trust").
- (14) The amount of securities shown in this row is owned directly by Farallon FCOI II, Ltd. (the "FCOI II Trust" and, together with the FCP Trust and the FCIP Trust, the "Farallon Trusts").
- (15) FPLLC is a trustee of each of the Farallon Trusts. FPLLC has no direct or indirect pecuniary interest in the securities held by the Farallon Trusts.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.