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CONTINENTAL RESOURCES INC Form 4 March 13, 2008											
FORM	OMB Number:	3235-0287									
Check t if no lor subject Section Form 4	nger to 16. or	Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type Responses)											
1. Name and Luttrell To	Address of Reporting I m E	uer Name ar bl TINENTA .]			8	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last)	(First) (N	e of Earliest '	Fransactio	n		Director 10% Owner					
P. O. BOX INDEPEN	Aonth/Day/Year) 3/11/2008				X Officer (give title Other (specify below) below) Sr. V.P. Land						
	Amendment, Date Original d(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
ENID, OK							Person		Portung		
(City)			able I - Non- 3.			-	iired, Disposed of,		•		
1.Title of Security (Instr. 3)		ansaction Date 2A. Deemed hth/Day/Year) Execution Date, if any (Month/Day/Year)			osed of 4 and (A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/11/2008		Code V S	Amount 1,000	(D) D	Price \$ 28.1234	134,707 <u>(1)</u>	D			
Common Stock	03/11/2008		S	1,025	D	\$ 28.1334	133,682 <u>(1)</u>	D			
Common Stock	03/11/2008		S	700	D	\$ 28.1434	132,982 <u>(1)</u>	D			
Common Stock	03/11/2008		S	1,000	D	\$ 28.1634	131,982 <u>(1)</u>	D			
Common Stock	03/11/2008		S	700	D	\$ 28.1734	131,282 <u>(1)</u>	D			

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Common Stock	03/11/2008	S	1,500	D	\$ 28.1834	129,782 <u>(1)</u>	D
Common Stock	03/11/2008	S	1,000	D	\$ 28.1934	128,782 <u>(1)</u>	D
Common Stock	03/11/2008	S	1,400	D	\$ 28.2234	127,382 <u>(1)</u>	D
Common Stock	03/11/2008	S	3,500	D	\$ 28.2334	123,882 <u>(1)</u>	D
Common Stock	03/11/2008	S	200	D	\$ 28.2634	123,682 <u>(1)</u>	D
Common Stock	03/11/2008	S	2,300	D	\$ 28.2734	121,382 <u>(1)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Tit	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	int of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	/Year)	Under	rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr	. 3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						[×]
					4, and 5)						
					· · ·						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title	Number		
								of			
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Luttrell Tom E								
P. O. BOX 1032			Sr. V.P. Land					
302 N. INDEPENDENCE			SI. V.F. Lallu					
ENID, OK 73702								

Signatures

Tom E. Luttrell

03/13/2008

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 20,000 shares of restricted common stock which vest 50% on October 5, 2009 and October 5, 2010 respectively.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.