HORMEL FOODS CORP /DE/

Form 4 March 31, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940

Symbol

1(b).

(Print or Type Responses)

VORPAHL LARRY L

1. Name and Address of Reporting Person *

			HORMEL FOODS CORP /DE/ [HRL]					(Check all applicable)		
			of Earliest Transaction n/Day/Year) /2014				Director 10% Owner Officer (give title Other (specify below) below) Group Vice President			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
AUSTIN, M	IN 55912							Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Tabl	le I - Non-D	Derivative :	Securi	ties Acqu	iired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Execution	med n Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/28/2014			M	90,000	A	\$ 20.07	177,693	D	
Common Stock	03/28/2014			F	37,475	D	\$ 48.2	140,218	D	
Common Stock	03/28/2014			F	22,351	D	\$ 48.2	117,867	D	
Common Stock	03/28/2014			S	2,030	D	\$ 48.4	115,837	D	
Common Stock	03/28/2014			S	3,126	D	\$ 48.41	112,711	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.									
Common Stock						1,853.58	I	JEPST Plan	
Common Stock	03/31/2014	S	1,844	D	\$ 48.67	110,867	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

displays a currently valid OMB control

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactiorDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 20.07	03/28/2014		M	90,000	<u>(1)</u>	12/04/2017	Common Stock	90,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting o where runner, reduces	Director	10% Owner	Officer	Other			
VORPAHL LARRY L 1 HORMEL PLACE AUSTIN, MN 55912			Group Vice President				

Signatures

Larry L. Vorpahl, by Power of Attorney 03/31/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in four equal annual installments, with the first group vesting on December 4, 2008.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.