TOWN SPORTS INTERNATIONAL HOLDINGS INC

Form 4

share

August 24, 2009

FORM							OMB A	PPROVAL	
I Onivi	UNITED	STATES		RITIES AND EX shington, D.C. 20		COMMISSION	OMB Number:	3235-0287	
Check thi	er						Expires:	January 31,	
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction See Instruction STATEMENT OF CHANGES IN BENEFICIAL OWNERSH SECURITIES SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1935 of 30(h) of the Investment Company Act of 1940							Estimated average burden hours per response 0.5		
1(b).									
(Print or Type R	(esponses)								
	ddress of Reporting N PARTNERS L		2. Issue Symbol	r Name and Ticker or	r Trading	5. Relationship of Reporting Person(s) to Issuer			
			INTER	SPORTS NATIONAL HOI	LDINGS	(Check all applicable)			
(Last) (First) (Middle)			INC [C	LUB] f Earliest Transaction		Director Officer (give	X 10% Owner titleX Other (specify		
(Last)	(1 1131)	(Wilduic)		Day/Year)		below) below) Member of Group owning 10%			
ONE MARI	TIME PLAZA,	SUITE	08/20/2	2009				6	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person _X_ Form filed by More than One Reporting			
SAN FRAN	CISCO, CA 941	.11				_X_ Form filed by Person	More than One R	Reporting	
(City)	(State)	(Zip)	Tabl	le I - Non-Derivative	Securities Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executio any	med n Date, if Day/Year)	Transaction(A) or D	ities Acquired risposed of (D) 4 and 5) (A) or	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.001 per				Code V Amount		(Instr. 3 and 4) 1,396,011	D (1) (2) (3)		
Share Common Stock, par value \$0.001 per						1,574,334	D (1) (2) (4)		

Common Stock, par value \$0.001 per share						1,021,256	D (1) (2) (5)	
Common Stock, par value \$0.001 per share						2,500	D (1) (2) (6)	
Common Stock, par value \$0.001 per share	08/20/2009	S	128	D	\$ 3.27	1,888	D (1) (2) (7)	
Common Stock, par value \$0.001 per share	08/21/2009	S	105	D	\$ 3.23	1,783	D (1) (2) (7)	
Common Stock, par value \$0.001 per share	08/20/2009	S	12,991	D	\$ 3.27	191,850	D (1) (2) (8)	
Common Stock, par value \$0.001 per share	08/21/2009	S	10,672	D	\$ 3.23	181,178	D (1) (2) (8)	
Common Stock, par value \$0.001 per share						65,981	D (1) (2) (9)	
Common Stock, par value \$0.001 per share						4,243,043	I	See Footnotes (1) (2) (10)
Common Stock, par value \$0.001 per share						4,243,043	I	See Footnotes (1) (2) (11)
	08/20/2009	S	23,795	D		351,389		

Common Stock, par value \$0.001 per share					\$ 3.27		D (1) (2) (12) (15)
Common Stock, par value \$0.001 per share	08/21/2009	S	19,548	D	\$ 3.23	331,841	D (1) (2) (12) (15)
Common Stock, par value \$0.001 per share	08/20/2009	S	26,833	D	\$ 3.27	396,275	D (1) (2) (13) (15)
Common Stock, par value \$0.001 per share	08/21/2009	S	22,045	D	\$ 3.23	374,230	D (1) (2) (13) (15)
Common Stock, par value \$0.001 per share	08/20/2009	S	1,253	D	\$ 3.27	18,515	D (1) (2) (14) (15)
Common Stock, par value \$0.001 per share	08/21/2009	S	1,030	D	\$ 3.23	17,485	D (1) (2) (14) (15)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
	Derivative				Securities	S	(Instr. 3 and 4)		Owne
	Security				Acquired				Follo
	•				(A) or				Repo
					Disposed				Trans
					of (D)				(Instr

(Instr. 3, 4, and 5)

Date Expiration Title Code V (A) (D)

Exercisable Date

Expiration Title Number of Shares

Reporting Owners

Reporting Owner Name / Address	Relationships					
reporting owner runne, runness	Director	10% Owner	Officer	Other		
FARALLON PARTNERS L L C/CA ONE MARITIME PLAZA SUITE 2100 SAN FRANCISCO, CA 94111		X		Member of Group owning 10%		
Farallon FCP, Ltd. C/O FARALLON CAPITAL MANAGEMENT, L.L.C. ONE MARITIME PLAZA, SUITE 2100 SAN FRANCISCO, CA 94111		X		Member of Group owning 10%		
Farallon FCIP, Ltd. C/O FARALLON CAPITAL MANAGEMENT, L.L.C. ONE MARITIME PLAZA, SUITE 2100 SAN FRANCISCO, CA 94111		X		Member of Group owning 10%		
Farallon FCOI II, Ltd. C/O FARALLON CAPITAL MANAGEMENT, L.L.C. SAN FRANCISCO, CA 94111		X		Member of Group owning 10%		

Signatures

/s/ Monica R. Landry as attorney-in-fact and/or authorized signer for Farallon Partners, L.L.C.

08/24/2009

**Signature of Reporting Person

Date

/s/ Monica R. Landry as attorney-in-fact and/or authorized signer for Farallon Partners, L.L.C., solely in its capacity as a trustee of each of Farallon FCP, Ltd., Farallon FCIP, Ltd. and Farallon FCOI II, Ltd.

08/24/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The entities and individuals identified in the footnotes of this Form 4 may be deemed members of a group holding equity securities of the Issuer. The filing of this Form 4 and any statements included herein shall not be deemed to be an admission that such entities and individuals are members of such group.

(2)

Reporting Owners 4

Since the number of reporting persons that may be listed on a Form 4 is limited, the entities and individuals listed in the footnotes of this Form 4 that are not reporting persons on this Form 4 are filing separate Forms 4 on the date hereof as reporting persons with respect to the securities described in this Form 4 (the "Parallel Forms 4"). Information regarding these entities and individuals is included on this Form 4 for purposes of clarification and convenience only, and is duplicative of the information reported in the Parallel Forms 4.

- (3) The amount of securities shown in this row is owned directly by Farallon Capital Partners, L.P. ("FCP").
- (4) The amount of securities shown in this row is owned directly by Farallon Capital Institutional Partners, L.P. ("FCIP").
- (5) The amount of securities shown in this row is owned directly by Farallon Capital Institutional Partners II, L.P. ("FCIP II").
- (6) The amount of securities shown in this row is owned directly by Farallon Capital Institutional Partners III, L.P. ("FCIP III").
- (7) The amount of securities shown in this row is owned directly by Tinicum Partners, L.P. ("Tinicum").
- (8) The amount of securities in this row is owned directly by RR Capital Partners, L.P. ("RR").
- (9) The amount of securities in this row is owned directly by Farallon Capital Offshore Investors II, L.P. ("FCOI II").
 - The amount of securities shown in this row is owned directly by FCP, FCIP, FCIP II, FCIP III, Tinicum, RR and FCOI II (collectively, the "Partnerships"). As the general partner of each of the Partnerships, Farallon Partners, L.L.C. ("FPLLC") may be deemed to be the
- (10) beneficial owner of the Issuer's securities held by each of the Partnerships. FPLLC disclaims any beneficial ownership of any of the Issuer's securities reported or noted herein for purposes of Section 16 of the Securities Exchange Act of 1934, as amended (the "Act"), or otherwise, except as to securities representing FPLLC's pro rata interest in, and interest in the profits of, the Partnerships.
 - The amount of securities shown in this row is owned directly by the Partnerships. Each of William F. Duhamel, Richard B. Fried, Daniel J. Hirsch, Monica R. Landry, Douglas M. MacMahon, Stephen L. Millham, Jason E. Moment, Ashish H. Pant, Rajiv A. Patel, Andrew J. M. Spokes, Richard H. Voon and Mark C. Wehrly (collectively, the "Managing Members") and Thomas F. Steyer (the "Senior
- (11) Managing Member"), as either a managing member or a senior managing member of FPLLC with the power to exercise investment discretion, may be deemed to be a beneficial owner of the Issuer's securities held by each of the Partnerships. Each of the Managing Members and the Senior Managing Member disclaims any beneficial ownership of any of the Issuer's securities reported or noted herein for purposes of Section 16 of the Act or otherwise, except to the extent of his or her pecuniary interest, if any.
- (12) The amount of securities shown in this row is owned directly by Farallon FCP, Ltd. (the "FCP Trust").
- (13) The amount of securities shown in this row is owned directly by Farallon FCIP, Ltd. (the "FCIP Trust").
- (14) The amount of securities shown in this row is owned directly by Farallon FCOI II, Ltd. (the "FCOI II Trust" and, together with the FCP Trust and the FCIP Trust, the "Farallon Trusts").
- (15) FPLLC is a trustee of each of the Farallon Trusts. FPLLC has no direct or indirect pecuniary interest in the securities held by the Farallon Trusts.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.