Unum Group Form 8-K May 22, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of Earliest Event Reported): May 22, 2009

UNUM GROUP

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 001-11294 (Commission File Number) 62-1598430 (IRS Employer Identification No.)

1 Fountain Square Chattanooga, Tennessee 37402 (Address of principal executive offices) (Zip Code)

(423) 294-1011 (Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On May 22, 2009, Unum Group issued a press release announcing an increase in the dividend on its common stock from a quarterly rate of \$0.075 per share to \$0.0825 per share. A copy of the press release is furnished herewith as Exhibit 99.1 and incorporated herein by reference.

In accordance with General Instruction B.2 of Form 8-K, the information included or incorporated in this Item 7.01, including Exhibit 99.1, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall such information be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in any such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits. The following exhibit is furnished with this report:

Exhibit 99.1 Press release of Unum Group dated May 22, 2009, announcing dividend increase.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

May 22, 2009 UNUM GROUP

By: /s/ Susan N. Roth Name: Susan N. Roth

Title: Vice President, Transactions, SEC

and Corporate Secretary

INDEX TO EXHIBITS

Exhibit No. Description

Exhibit 99.1 Press release of Unum Group dated May 22, 2009, announcing dividend increase.