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AMERICAN RETIREMENT CORP

Form 8-K

May 08, 2003

SECURITIES AND EXCHANGE COMMISSION

Washington, D. C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities  
Exchange Act of 1934

Date of Report (Date of earliest event reported): May 8, 2003  
(May 7, 2003)

AMERICAN RETIREMENT CORPORATION  
(Exact name of registrant as specified in its charter)

Tennessee 01-13031 62-1674303  
(State of Incorporation) (Commission File No.) (IRS Employer I.D. No.)

111 Westwood Place, Suite 200  
Brentwood, Tennessee 37027  
(Address of Principal Executive Office) (Zip code)

Registrant's telephone number, including area code: (615) 221-2250

Item 7. Financial Statements, Pro Forma Financial Information and Exhibits.

The following exhibit is furnished pursuant to Items 9 and 12:

99.1 Press Release dated May 7, 2003.

Item 9. Regulation FD Disclosure.

The information contained in this Item 9 is being furnished pursuant to  
Item 9 and Item 12, "Results of Operations and Financial Condition."

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On May 7, 2003, American Retirement Corporation issued a press release announcing its first quarter 2003 earnings results. A copy of the press release is furnished herewith as Exhibit 99.1.

### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AMERICAN RETIREMENT CORPORATION

Date: May 8, 2003

By: /s/ George T. Hicks

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George T. Hicks  
Executive Vice President-Finance,  
Chief Financial Officer, Secretary  
and Treasurer

### EXHIBIT INDEX

No.	Exhibit
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99.1	Press Release dated May 7, 2003