

Symmetry Medical Inc.  
Form 8-K  
March 13, 2012

**UNITED STATES**

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): March 13, 2012

**SYMMETRY MEDICAL INC.**

**(Exact name of Registrant as specified in its charter)**

Delaware <b>(State or other jurisdiction of incorporation)</b>	001-32374  (Commission File Number)	35-1996126 <b>(IRS Employer Identification No.)</b>
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**3724 N State Road 15, Warsaw, Indiana 46582**

**(Address of Principal executive offices, including Zip Code)**

**(574) 268-2252**

**(Registrant's telephone number, including area code)**

**(Former name or former address, if changed since last report)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 8.01. Other Events**

On March 13, 2012 Symmetry Medical Inc. (“the Company”) released a press release entitled, “Symmetry Medical to Present at the Sidoti & Company 16<sup>th</sup> Annual Institutional Investor Forum,” in which the Company announced that it will present at the Sidoti & Company 16th Annual Institutional Investor Forum in New York City. The conference is scheduled to take place on Tuesday, March 20, 2012, and the Company will present at 10:00 am ET. Further details are included in the press release, which is being furnished as Exhibit 99.1.

**Item 9.01. Financial Statements and Exhibits**

(d) Exhibits

99.1 “Symmetry Medical to Present at the Sidoti & Company 16<sup>th</sup> Annual Institutional Investor Forum,” Press Release issued by Symmetry Medical, Inc. dated March 13, 2012.

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Date: March 13, 2012 Name: Fred L. Hite

Title: Chief Financial Officer

**EXHIBIT INDEX**

Exhibit No.	Description
99.1	“Symmetry Medical to Present at the Sidoti & Company 1 <sup>st</sup> Annual Institutional Investor Forum,” Press Release issued by Symmetry Medical, Inc. dated March 13, 2012.