

Edwards Richard J
 Form 4
 December 13, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Edwards Richard J

(Last) (First) (Middle)

102 WILLENBROCK ROAD, ONE
 TRIBOLOGY CENTER

(Street)

OXFORD, CT US 06478

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 RBC Bearings INC [ROLL]

3. Date of Earliest Transaction
 (Month/Day/Year)
 12/10/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)

V.P. and General Manager

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	12/10/2010		M	7,500 A \$ 8	17,770 ⁽⁶⁾ ₍₃₎ ⁽¹⁾ ₍₈₎	D	
Common Stock	12/10/2010		S	7,500 D \$ 36.8	10,270 ⁽⁶⁾ ₍₃₎ ⁽¹⁾ ₍₈₎	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Option to Purchase Common Stock	\$ 31.91					02/12/2009 ⁽⁴⁾ 02/12/2015	Common Stock 12,000
Option to Purchase Common Stock	\$ 8	12/10/2010		M	7,500	03/19/2004 03/19/2014	Common Stock 7,500
Option to Purchase Common Stock	\$ 12					07/01/2002 07/01/2012	Common Stock 12,500
Option to Purchase Common Stock	\$ 22.66					07/12/2007 ⁽²⁾ 07/12/2013	Common Stock 20,000
Option to Purchase Common Stock	\$ 20.37					11/11/2008 ⁽⁵⁾ 11/11/2015	Common Stock 20,000
Option to Purchase Common Stock	\$ 22.73					11/16/2010 ⁽⁷⁾ 11/16/2016	Common Stock 20,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Edwards Richard J 102 WILLENBROCK ROAD ONE TRIBOLOGY CENTER			V.P. and General Manager	

