#### RAINVILLE WILLIAM A

Form 4 May 21, 2007

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

response...

if no longer subject to Section 16. Form 4 or Form 5

Check this box

**SECURITIES** Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** RAINVILLE WILLIAM A			2. Issuer Name <b>and</b> Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			KADANT INC [KAI]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	X Director 10% Owner		
KADANT INC., ONE TECHNOLOGY PARK DRIVE			05/17/2007	_X_ Officer (give title Other (specify		
			02/1//2007	below) below)		
				Chief Executive Officer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
			·	_X_ Form filed by One Reporting Person		
WESTFORD MA 01886				Form filed by More than One Reporting		

Person

#### WESTFORD, MA 01886

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			, , , , , , , , , , , , , , , , , , ,		p 7. Nature of t Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	05/17/2007		M	200	A	\$ 14.5	115,186	D		
Common Stock	05/17/2007		S	200	D	\$ 28.6	115,086	D		
Common Stock	05/17/2007		M	100	A	\$ 14.5	115,186	D		
Common Stock	05/17/2007		S	100	D	\$ 28.55	115,086	D		
Common Stock	05/17/2007		M	200	A	\$ 14.5	115,286	D		

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Common Stock	05/17/2007	S	200	D	\$ 28.54	115,086	D
Common Stock	05/17/2007	M	100	A	\$ 14.5	115,186	D
Common Stock	05/17/2007	S	100	D	\$ 28.52	115,086	D
Common Stock	05/17/2007	M	100	A	\$ 14.5	115,186	D
Common Stock	05/17/2007	S	100	D	\$ 28.51	115,086	D
Common Stock	05/17/2007	M	2,200	A	\$ 14.5	117,286	D
Common Stock	05/17/2007	S	2,200	D	\$ 28.5	115,086	D
Common Stock	05/17/2007	M	800	A	\$ 14.5	115,886	D
Common Stock	05/17/2007	S	800	D	\$ 28.48	115,086	D
Common Stock	05/17/2007	M	900	A	\$ 14.5	115,986	D
Common Stock	05/17/2007	S	900	D	\$ 28.47	115,086	D
Common Stock	05/17/2007	M	300	A	\$ 14.5	115,386	D
Common Stock	05/17/2007	S	300	D	\$ 28.46	115,086	D
Common Stock	05/17/2007	M	5,300	A	\$ 14.5	120,386	D
Common Stock	05/17/2007	S	5,300	D	\$ 28.45	115,086	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative		Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		

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Derivative or Disposed of Security

(D) (Instr. 3, 4,

and 5)

Code V (A) (D) Date Exercisable Date

Expiration Title Amount or Number

of Share:

10,200

**Employee** 

Stock

Option \$ 14.5 05/17/2007 M

10,200 01/02/2002 01/02/2009

Common

Stock

(Right To Buy)

# **Reporting Owners**

Relationships Reporting Owner Name / Address

X

10% Owner Officer Other Director

Chief Executive Officer

RAINVILLE WILLIAM A

KADANT INC.

ONE TECHNOLOGY PARK DRIVE

WESTFORD, MA 01886

## **Signatures**

by Sandra L. Lambert for William A. Rainville

05/21/2007

\*\*Signature of Reporting Person

Date

### **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

#### **Remarks:**

#### THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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