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GILLETT NA Form 4												
November 04									OMB AF	PROVAL		
FURIM	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check this if no longe subject to Section 16 Form 4 or	er STATE N	x STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES								Expires: January 31 2005 Estimated average burden hours per response 0.5		
Form 5 obligation: may contin <i>See</i> Instruct 1(b).	s Section 17 ction	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
		Person *	2 Issuer	Name and	Ticker or	Tradia	ng	5. Relationship of	Reporting Pers	son(s) to		
GILLETT NANCY Symbol CHARL LABOR				Name and LES RIVE RATORIE	CR S			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) 251 BALLA						UCKI	-]	Director 10% Owner X Officer (give title Other (specify below) below) Vice President				
WILMINGT	(Street) ON, MA 01887	,		ndment, Da hth/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	One Reporting Pe	rson		
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Aca	uired, Disposed of	. or Beneficial	lv Owned		
	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or Code V Amount (D) Price				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)			
Common Stock	11/02/2004			М	2,800	A	\$ 31.97	8,200	D			
Common Stock	11/02/2004			М	2,938	А	\$ 32.15	11,138	D			
Common Stock	11/02/2004			М	1,395	А	\$ 32.15	12,533	D			
Common Stock	11/02/2004			М	6,033	A	\$ 32.87	18,566	D			
Common	11/02/2004			C	2 0.28	D	\$	15 (20	D			

S

11/02/2004

Stock

\$ 46.41

15,628

D

2,938 D

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Common Stock	11/02/2004	S	1,395	D	\$ 46.41	14,233	D
Common Stock	11/02/2004	S	2,800	D	\$ 46.41	11,433	D
Common Stock	11/04/2004	S	6,033	D	\$ 46.41	5,400	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 43.07						02/13/2005	02/13/2014	Common Stock	17,400
Stock Options (Right to buy)	\$ 31.97	11/02/2004		М		2,800	08/01/2002	08/01/2011	Common Stock	2,800
Stock Options (Right to buy)	\$ 32.15	11/02/2004		М		2,938	07/15/2003	07/15/2012	Common Stock	2,938
Stock Options (Right to buy)	\$ 32.15	11/02/2004		М		1,395	07/15/2003	07/15/2012	Common Stock	1,395
Stock Options (Right to	\$ 32.87	11/02/2004		М		6,033	07/23/2004	07/23/2013	Common Stock	6,033

8 I S () buy)

Reporting Owners

Reporting Owner Name / Address

Relationships

10% Owner

GILLETT NANCY 251 BALLARDVALE STREET WILMINGTON, MA 01887

Vice President

Other

Officer

Signatures

Dennis R. Shaughnessy 11/04/2004 **Signature of Reporting Date Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Director

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.