



Restricted  
Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

SEC 1474  
(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)	Amount or Number of Shares	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 7.095	11/30/2005		M	10,000	11/02/2001 11/02/2016	Common Stock	10	
Non-Qualified Stock Option (right to buy)	\$ 8.24	12/01/2005		M	14,300	11/01/2002 11/01/2017	Common Stock	14	
Non-Qualified Stock Option (right to buy)	\$ 11.25	11/30/2005		M	2,500	02/02/1999 02/02/2014	Common Stock	2,500	
Non-Qualified Stock Option (right to buy)	\$ 8.9688					11/02/1999 11/02/2014	Common Stock	11,000	
Non-Qualified Stock Option (right to buy)	\$ 10.3125					11/08/2000 11/08/2015	Common Stock	32,000	

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LARSON GREGORY J 6903 ROCKLEDGE DRIVE SUITE 1500			Sr. Vice President & Treasurer	

BETHESDA, MD 20817

## Signatures

By: Elizabeth A. Abdoo For: Gregory J.  
Larson

12/02/2005

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.