

EMCOR GROUP INC
Form 4
March 22, 2005

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
HAMM RICHARD F JR

(Last) (First) (Middle)
3005 FIRST AVENUE
(Street)
SEATTLE, WA 98121
(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
EMCOR GROUP INC [EME]

3. Date of Earliest Transaction
(Month/Day/Year)
03/18/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	03/18/2005		M	5,325 A \$ 25.44	5,325	D	
Common Stock	03/18/2005		M	3,000 A \$ 19.625	8,325	D	
Common Stock	03/18/2005		S	1,900 D \$ 47.19	6,425	D	
Common Stock	03/18/2005		S	1,200 D \$ 47.2	5,225	D	
Common Stock	03/18/2005		S	600 D \$ 47.21	4,625	D	
	03/18/2005		S	100 D \$ 47.26	4,525	D	

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Common Stock							
Common Stock	03/18/2005	S	1,000	D	\$ 47.32	3,525	D
Common Stock	03/18/2005	S	1,200	D	\$ 47.45	2,325	D
Common Stock	03/18/2005	S	300	D	\$ 47.47	2,025	D
Common Stock	03/18/2005	S	100	D	\$ 47.5	1,925	D
Common Stock	03/18/2005	S	600	D	\$ 47.56	1,325	D
Common Stock	03/18/2005	S	100	D	\$ 47.57	1,225	D
Common Stock	03/18/2005	S	400	D	\$ 47.59	825	D
Common Stock	03/18/2005	S	725	D	\$ 47.61	100	D
Common Stock	03/18/2005	S	100	D	\$ 47.63	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-Employee Stock Options (right to buy)	\$ 25.44	03/18/2005		M	5,325	(1) 01/01/2006	Common Stock	5,325	

Non-Employee
 Stock Options \$ 19.625 03/18/2005 M 3,000 06/19/1998 06/18/2008 Common Stock 3,000
 (right to buy)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
HAMM RICHARD F JR 3005 FIRST AVENUE SEATTLE, WA 98121		X		

Signatures

Sheldon I. Cammaker,
 Attorney-in-Fact 03/22/2005

__Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 25% became exercisable on 1/02/2001; 25% became exercisable on 4/01/2001; 25% became exercisable on 7/01/2001; and 25% became exercisable on 10/01/2001.
- (2) Derivative security is a non-employee stock option granted in lieu of director's retainer fee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.