ASPEN INSURANCE HOLDINGS LTD Form 8-K August 12, 2004 SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): August 11, 2004

ASPEN INSURANCE HOLDINGS LIMITED (Exact name of registrant as specified in its charter)

Bermuda (State or other jurisdiction of incorporation)

001-31909 (Commission File Number) Not Applicable (I.R.S. Employer Identification No.)

Victoria Hall 11 Victoria Street Hamilton HM 11 Bermuda (Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code:(441) 295-8201

Not Applicable (Former name or former address, if changed since last report)

Item 9. Regulation FD Disclosure

On August 11, 2004, Aspen Insurance Holdings Limited issued a limited press release under Rule 135c announcing its offering of \$250 million 6% Senior Notes due 2014 under Rule 144A and Regulation S of the Securities Act of 1933, which has been attached as Exhibit 99.1.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ASPEN INSURANCE HOLDINGS LIMITED

Dated: August 11, 2004

(Registrant) By: /s/ Julian Cusack Name: Julian Cusack Title: Chief Financial Officer

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INDEX TO EXHIBITS

99.1

Exhibit No. Description Press Release of the Registrant dated August 11, 2004.

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