Edgar Filing: FOTHERGILL JAMES E - Form 4

	LL JAMES E									
Form 4	1 2005									
November 14, 2005 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB APPROVAL OMB 3235-0287 Number:		
Check this box January										
(Print or Type F	Responses)									
FOTHERGILL JAMES E Symbol			r Name and Ticker or Trading AR TREE STORES INC l				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 500 VOLVO	(First) (M DPARKWAY	/liddle)	3. Date of (Month/D 11/10/29	-	ansaction			Director X_Officer (give below) Chief		Owner er (specify
			ndment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
								Person		
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any		3. Transactio Code (Instr. 8) Code V	4. Securi n(A) or Di (Instr. 3, Amount	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/10/2005			M <u>(1)</u>	4,500	A	\$ 17	5,041	D	
Common Stock	11/10/2005			S <u>(1)</u>	4,500	D	\$ 23.89	541	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Date (Month/Day/Year	•	7. Title and <i>J</i> Underlying S (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Shares
Stock Options (Right to buy)	\$ 17	11/10/2005		M <u>(1)</u>	4,500	03/20/2002 <u>(2)</u>	03/20/2011 <u>(3)</u>	Common Stock	4,50

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FOTHERGILL JAMES E 500 VOLVO PARKWAY CHESAPEAKE, VA 23320			Chief People Officer				
Signatures							

Frederick C. Coble,	
attorney-in-fact	11/14/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pre-planned trades under SEC Rule 10b5-1(c)(1).
- Stock options become exercisable in 5 approximately equal annual installments beginning on the first anniversary of the grant date, (2)subject to continued employment.
- (3) Expires upon termination, with certain grace periods, or ten years after award, whichever is less.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.