LaPrade, III Frank G. Form 4 February 20, 2018

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

OMB APPROVAL

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5. Relationship of Reporting Person(s) to

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January 31,

2005

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Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

LaPrade, III Frank G. Issuer Symbol CAPITAL ONE FINANCIAL CORP (Check all applicable) [COF] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner _X__ Officer (give title Other (specify (Month/Day/Year) below) below) 1680 CAPITAL ONE DRIVE 02/15/2018 Chief Enterprise Srvcs Officer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting MCLEAN, VA 22102 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Form: Direct Indirect (Instr. 3) any Code (Instr. 3, 4 and 5) Beneficially (D) or Beneficial (Month/Day/Year) Owned Indirect (I) Ownership (Instr. 8) Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common 02/15/2018 M 3,721 A $\$ 0 \frac{(1)}{1}$ 64,218 D Stock Common $$0^{(1)}$ D 02/15/2018 M 3,447 67,665 Α Stock Common 02/15/2018 $$0^{(1)}$ D M 2,717 70,382 Stock Common 02/15/2018 M 8,803 Α $$0^{(2)}$ 79,185 D Stock Common 99.52 02/15/2018 D 3,721 D 75,464 D Stock (1)

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Common Stock	02/15/2018	D	3,447	D	\$ 99.52 (1)	72,017	D	
Common Stock	02/15/2018	D	2,717	D	\$ 99.52 (1)	69,300	D	
Common Stock	02/15/2018	D	8,803	D	\$ 99.52 (2)	60,497	D	
Common Stock	02/15/2018	F(3)	1,607	D	\$ 98.67	58,890	D	
Common Stock	02/15/2018	F(4)	2,254	D	\$ 98.67	56,636	D	
Common Stock	02/15/2018	F(5)	2,517	D	\$ 98.67	54,119	D	
Common Stock						720 (6)	I	By 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	2 3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number coof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Shar
2015 Restricted Stock Units	\$ 0 (1)	02/15/2018		M	3,721	<u>(7)</u>	<u>(7)</u>	Common Stock	3,7
2016 Restricted Stock	\$ 0 (1)	02/15/2018		M	3,447	<u>(8)</u>	<u>(8)</u>	Common Stock	3,4

Units								
2017 Restricted Stock Units	\$ 0 (1)	02/15/2018	M	2,717	<u>(9)</u>	<u>(9)</u>	Common Stock	2,7
Restricted Stock Units	\$ 0 (2)	02/15/2018	M	8,803	02/15/2018(2)	02/15/2018(2)	Common Stock	8,8

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LaPrade,III Frank G.

1680 CAPITAL ONE DRIVE Chief Enterprise Srvcs Officer

MCLEAN, VA 22102

Signatures

Cleo Belmonte (POA on file) 02/20/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On February 15, 2018 the restricted stock units were settled in cash based on the Company's average fair market value of shares of common stock over the fifteen trading days preceding the vesting date.
- (2) Each restricted stock unit vested on January 1, 2018 and settled in cash on February 15, 2018 based on the Company's average fair market value of the underlying shares of common stock over the fifteen trading days preceding the settlement date.
- (3) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on January 29, 2015. This is authorized in the applicable restricted stock award agreement.
- (4) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 4, 2016. This is authorized in the applicable restricted stock award agreement.
- (5) Represents the automatic withholding by the issuer to satisfy the reporting person's tax obligation associated with the vesting of restricted stock units granted on February 2, 2017. This is authorized in the applicable restricted stock award agreement.
- (6) Represents the reporting person's equivalent share ownership in the Company's 401(k) Plan, a unitized plan, as of the date of the latest transaction.
- (7) These restricted stock units vest in 1/3 increments beginning on February 15, 2016 and annually thereafter.
- (8) These restricted stock units vest in 1/3 increments beginning on February 15, 2017 and annually thereafter.
- (9) These restricted stock units vest in 1/3 increments beginning on February 15, 2018 and annually thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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