

Edgar Filing: POWERS LYNN - Form 4

POWERS LYNN
Form 4
August 14, 2002

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

- () Check this box if no longer subject to Section 16.
Form 4 or Form 5 obligations may continue. See Instructions 1(b).
1. Name and Address of Reporting Person
Powers, Lynn
360 Interlocken Boulevard, Suite 300, Broomfield, CO 80021 USA
 2. Issuer Name and Ticker or Trading Symbol
Gaia, Inc. GAIA
 3. IRS or Social Security Number of Reporting Person (Voluntary)
 4. Statement for Month/Year
August/2002
 5. If Amendment, Date of Original (Month/Year)
 6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
(X) Director () 10% Owner (X) Officer (give title below) () Other (specify below)
President
 7. Individual or Joint/Group Filing (Check Applicable Line)

(X) Form filed by One Reporting Person
() Form filed by More than One Reporting Person

TABLE I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security
Class A Common Stock
2. Transaction Date (Month/Day/Year)
8/13/02
3. Transaction Code
P
4. Securities Acquired (A) or Disposed of (D)

Amount	(A) or (D)	Price
5,000	A	\$9.05
5. Amount of Securities Beneficially Owned at End of Month (Instr. 3 and 4)
96,000
6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)
D
7. Nature of Indirect Beneficial Ownership (Instr. 4)

TABLE II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
None.

Explanation of Responses: None.

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/s/ Lynn Powers

Signature of Reporting Person

August 14, 2002

Date