US ENERGY CORP

Form 4

January 07, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES** Section 16.

January 31, Expires: 2005

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OMB APPROVAL

Estimated average burden hours per response...

Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Common

Common

Stock

01/04/2008

Stock U.S. Energy

(Print or Type Responses)

1. Name and Address of Reporting Person * HERRON HAROLD F			Sy	2. Issuer Name and Ticker or Trading Symbol US ENERGY CORP [USEG]				5. Relationship of Reporting Person(s) to Issuer		
	(Last) 877 NORT	(First) ((M	Date of Earliest Tonth/Day/Year) /04/2008	Fransaction			_X_ Director _X_ Officer (g below)		10% Owner Other (specify
(Street) RIVERTON, WY 82501				4. If Amendment, Date Original Filed(Month/Day/Year)				SR VICE PRESIDENT 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
	(City)	(State)	(Zip)	Table I - Non-	Derivative S	Securi	ties Acc	Person quired, Disposed	of, or Benefi	cially Owned
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Datany (Month/Day/Y	Code	4. Securitie on(A) or Disp (Instr. 3, 4	oosed (and 5)	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	U.S. Energy Common Stock	01/04/2008		Code V <u>J(1)</u>	Amount 5,000	or (D)	Price	(Instr. 3 and 4) 209,894	D (2)	
	U.S. Energy	01/04/2008		J <u>(3)</u>	175,000	D	\$ 0	125,556	I	By Corporation

 $J^{(4)}$

125,556 D

\$0 0

Corporation

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	Persons who respond to the collection of information contained in this form are not required to respond unless the form			SEC 1474 (9-02)
Reminder: Report on a separate line for each class of securities be	neficially owned directly or	indirectly.		
Stock				
U.S. Energy Common		155,811	I <u>(7)</u>	By Trust
U.S. Energy Common Stock		34,724	I (6)	By ESOP
U.S. Energy Common Stock		4,500	I (5)	By Custodian For Child

$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

number.

displays a currently valid OMB control

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employe Option 7 (RTB)	\$ 4.97					01/01/2008	07/26/2017	U.S. Energy Common Stock	150,000
Employee Option 2 (Right to Buy)	\$ 2.4					01/10/2001	01/09/2011	U.S. Energy Common Stock	27,617
Employee Option 3 (Right to Buy)	\$ 3.9					12/07/2001	12/06/2011	U.S. Energy Common Stock	50,000
	\$ 2.25					08/08/2002	12/07/2011		26,278

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Employee Option 4 (Right to Buy)				U.S. Energy Common Stock	
Employee Option 5 (Right to Buy)	\$ 2.46	07/01/2004	06/30/2014	U.S. Energy Common Stock	125,000
Employee Option 6 (Right to Buy)	\$ 3.86	10/14/2005	10/13/2015	U.S. Energy Common Stock	100,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
FS	Director	10% Owner	Officer	Other			
HERRON HAROLD F 877 NORTH 8TH WEST RIVERTON, WY 82501	X		SR VICE PRESIDENT				

Signatures

/s/ HERRON, HAROLD F (HAL) 01/04/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Shares issued to the Reporting Person under the USEG 2001 Stock Compensation Plan. The issuance of these shares is for the funding obligation under the plan for the first quarter of the calendar year ending December 31, 2008. The Issuer has agreed under the terms of the Plan to pay all taxes due. The Reporting Person has agreed not to sell these shares to the market or pledge them on obligations until after his (i) retirement; (ii) total disability or (iii) in the case of the death of the Reporting Person his estate may sell the shares of stock.
- (2) Includes 209,894 shares held directly by the Reporting Person.
- (3) 175,000 shares held by Sutter Gold Mining Co., Inc. were released to USE for satisfaction of debt. An additional 50,000 shares which were to be converted to USE shares from the USE/Crested Corp. merger have also been released to USE for satisfaction of debt
- (4) Shares held by Plateau Resources were returned to USE and cancelled as Treasury Shares.
- (5) Includes 4,500 shares indirectly held by the Reporting Person as Custodian for minor children under the Wyoming Uniform Transfers to Minors Act. The Reporting Person disclaims beneficial and pecuniary interest in these shares.
- Shares held in the U.S. Energy Corp. Employee Stock Ownership Plan (the 'ESOP') in an account established for the benefit of the Reporting Person. Subsequent to the final year end close the number of shares issued to the Reporting Person's ESOP account has been adjusted from shares forfieted by Plan participants.
- (7) Includes shares held in the ESOP which are not allocated to accounts established for the benefit of specific plan participants. The Reporting Person, as an ESOP Trustee, exercises the voting powers with respect to such unallocated shares.
- (8) Stock options granted under the Issuer's 2001 Incentive Stock Option Plan with a 5 year vesting schedule and exempt under Rule 16b-3.
- (9) Includes stock options granted under the Issuer's 1998 Incentive Stock Option Plan and exempt under Rule 16b-3.

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(10) Includes stock options granted under the Issuer's 2001 Incentive Stock Option Plan and exempt under Rule 16b-3.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.