DEAN FOODS CO Form 4 February 19, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB 3235-0287 Number:

OMB APPROVAL

January 31, Expires: 2005

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Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * Braun C Shay			2. Issuer Name and Ticker or Trading Symbol DEAN FOODS CO [DF]				ng	5. Relationship of Reporting Person(s) to Issuer			
(Month)			(Month/D	Date of Earliest Transaction onth/Day/Year) /15/2014				(Check all applicable) Director 10% OwnerX Officer (give title Other (specify below) SVP, Operations & Procurement			
	(Street)			endment, Da nth/Day/Year		1		6. Individual or Jo Applicable Line) _X_ Form filed by	One Reporting Pe	rson	
DALLAS, 7						Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	med on Date, if Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			d of (D)	-	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code V	Amount	(A) or (D) Price	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	02/15/2014			M	4,059 (1)	A	\$ 0	7,886	D		
Common Stock	02/15/2014			F	1,074 (1)	D	\$ 14.68	6,812	D		
Common Stock	02/17/2014			M	5,333 (2)	A	\$ 0	12,145	D		
Common	02/17/2014			F	1,709	D	\$ 14.68	10,436	D		

(2)

14.68

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Secu Acqu (A) o Disp (D)	rities nired or osed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Shar
Restricted Stock Units (DU705727)	\$ 0	02/15/2014		M		4,059 (1) (3)	02/15/2014(4)	02/15/2023	Common Stock	4,0 (1)
Restricted Stock Units (DU705685)	\$ 0	02/17/2014		M		5,333 (2) (3)	02/17/2013(4)	02/17/2022	Common Stock	5,3 (2)

Reporting Owners

Reporting Owner Name / Address	Relationships							
. 0	Director	10% Owner	Officer	Other				
Braun C Shay 2711 NORTH HASKELL AVENUE SUITE 3400 DALLAS, TX 75204			SVP, Operations & Procurement					

Signatures

Carman M. Callahan, 02/19/2014 Attorney-in-Fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person received a total of 4,059 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of (1) restricted stock units. A total of 1,074 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 2,985 net shares of Common Stock.

Reporting Owners 2

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- The reporting person received a total of 5,333 shares of Common Stock of the Issuer pursuant to the vesting provisions in the award of (2) restricted stock units. A total of 1,709 shares were surrendered to satisfy tax obligations of the reporting person, resulting in the issuance of a total of 3,624 net shares of Common Stock.
- These restricted stock units have been adjusted (a) to preserve the intrinsic value of awards existing prior to the spin-off of a portion of (3) the Issuer's ownership interest in The WhiteWave Foods Company on May 23, 2013 and (b) to reflect the reverse stock split on August 26, 2013.
- The reporting person has received an award of restricted stock units, which is the right to receive shares of Common Stock of the Issuer in (4) the future, subject to the terms and conditions of the award agreement. The restricted stock units vest annually, on a pro rata basis, over a three year period beginning on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.