SEABERG LAIDACKER M

Form 5

August 13, 2009

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

3235-0362 Number: January 31, Expires:

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no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box if

2005 Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL burden hours per 1.0

OWNERSHIP OF SECURITIES

response...

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported

30(h) of the Investment Company Act of 1940 Form 4

Transactions Reported

| 1. Name and Address of Reporting Person * SEABERG LAIDACKER M | | | 2. Issuer Name and Ticker or Trading Symbol | 5. Relationship of Reporting Person(s) to Issuer | | | |
|---|---------|---|--|--|--|--|--|
| (Last) | (First) | MGP INGREDIENTS INC [MGP Sirst) (Middle) 3. Statement for Issuer's Fiscal Year Ende | | (Check all applicable) | | | |
| 100 COMMERCIAL | | | (Month/Day/Year) 06/30/2009 | _X_ Director 10% Owner Officer (give title below) Other (specify below) | | | |
| (Street) | | | 4. If Amendment, Date Original Filed(Month/Day/Year) | 6. Individual or Joint/Group Reporting | | | |
| | | | | (check applicable line) | | | |

ATCHISON, KSÂ 66002

X Form Filed by One Reporting Person Form Filed by More than One Reporting Person

| (City) | (State) (Z | (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | |
|--------------------------------------|--------------------------------------|--|---|---|---------------------------|------|--|--|---|--|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securi Acquired Disposed (Instr. 3, | l (A) of (D) 4 and (A) or |) | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| Common | 12/30/2008 | Â | G | 3,858 | D | \$0 | 751,252 <u>(1)</u> | I | ByTrust | |
| Common | 12/22/2008 | Â | G | 1,200 | A | \$0 | 1,200 | D | Â | |
| Common | 12/22/2008 | Â | G | 1,200 | A | \$ 0 | 224,650 | I | By Spouse's Trust | |
| Common | Â | Â | Â | Â | Â | Â | 22,406.17 (2) | I | By ESPP | |
| Common | Â | Â | Â | Â | Â | Â | 149,362 (3) | I | By IRA | |

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | | 4. Transaction Code (Instr. 8) | Number | | | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|---|--------|-----|---------------------|--------------------|---|-------------------------------------|
| | | | | | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Stock Options | \$ 4 | Â | Â | Â | Â | Â | (4) | 12/09/2009 | Common | 48,000 |
| Stock Options | \$ 4.65 | Â | Â | Â | Â | Â | (5) | 06/08/2011 | Common | 48,000 |
| Stock Options | \$ 6.44 | Â | Â | Â | Â | Â | (6) | 06/12/2012 | Common | 48,000 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | | |
|---|---------------|-----------|---------|-------|--|--|--|--|
| F-G | Director | 10% Owner | Officer | Other | | | | |
| SEABERG LAIDACKER M 100 COMMERCIAL ATCHISON. KS 66002 | ÂX | Â | Â | Â | | | | |

Signatures

Laidacker M.
Seaberg

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 17569 shares previously restricted, transferred to reporting person's trust.
- (2) Includes 1116.3800 shares acquired between the period of 07/01/2008 and 06/30/2009 under ESPP in a transaction exempt under 16b-3(c).

Reporting Owners 2

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- (3) Includes a total distribution of 149,362 shares received from reporting person's ESOP. Fractional share of .4150 paid via cash.
- (4) 12,000 shares exercisable on 12/9/2000; 12,000 exercisable on 12/9/2001; 12,000 on 12/9/2002; and 12,000 on 12/9/2003.
- (5) 12,000 shares exercisable on 6/8/2002; 12,000 shares on 6/8/2003; 12,000 shares on 6/8/2004; and 12,000 shares on 6/8/2005.
- (6) 12,000 shares exercisable on 6/12/2003; 12,000 shares on 6/12/2004; 12,000 shares on 6/12/2005; and 12,000 shares on 6/12/2006.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.