SWIFT ENERGY CO

Form 4 June 04, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Stock

Stock

Swift Energy Common

05/31/2007

(Print or Type Responses)

1. Name and Address of Reporting Person ** VINCENT BRUCE H		Symbol	2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]				5. Relationship of Reporting Person(s) to Issuer				
(Last) 16825 NORTH SUITE 400	(First) (Mid	(Month/Day	3. Date of Earliest Transaction (Month/Day/Year) 05/31/2007			— be	(Check all applicable) Director 10% Owner Officer (give title Other (specify below) President				
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
HOUSTON, T	X 77060					Pe	_ Form filed by Mo erson	re than One Rep	oorting		
(City)	(State) (Zi	Table 1	- Non-Der	ivative Se	curities	Acquir	ed, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Secur on(A) or D (Instr. 3.	eisposed , 4 and 5 (A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
SFY Common Stock-401(k)			Couc v	rimount	(D)	THE	10,095	I	401(k) Plan		
SFY Cmmn Stock-ESOP Holding							739	I	ESOP Plan		
Swift Energy Common	05/31/2007		S	100	D	\$ 43 32	80,732	D			

S

700

43.32

80,032

D

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Swift Energy Common Stock	05/31/2007	S	3,000	D	\$ 43.36	77,032	D
Swift Energy Common Stock	05/31/2007	S	800	D	\$ 43.37	76,232	D
Swift Energy Common Stock	05/31/2007	S	400	D	\$ 43.33	75,832	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

Director 10% Owner Officer Other

VINCENT BRUCE H 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

President

Signatures

Bruce H. 06/04/2007 Vincent

**Signature of Date Reporting Person

2 Reporting Owners

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.