HEALTHWAYS, INC Form 4 April 08, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington D.C. 20549

Washington, D.C. 20549

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

obligations may continue. *See* Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Hargreaves Glenn Issuer Symbol HEALTHWAYS, INC [HWAY] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner _X__ Officer (give title Other (specify 701 COOL SPRINGS 02/12/2013 below) **BOULEVARD** Chief Accounting Officer (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting FRANKLIN, TN 37067 Person

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	02/12/2013		F	270 (1)		\$ 10.93	40,704	D	
Common Stock	02/21/2013		F	554 (2)	D	\$ 11.34	40,704	D	
Common Stock	02/22/2013		F	36 (3)	D	\$ 11.45	40,704	D	
Common Stock	07/19/2013		F	342 (4)	D	\$ 16.69	40,704	D	
Common Stock	02/21/2014		F	554 <u>(5)</u>	D	\$ 14.43	40,704	D	

Edgar Filing: HEALTHWAYS, INC - Form 4

Common Stock	02/24/2014	F	36 <u>(6)</u> D	\$ 15.14	40,704	D	
Common Stock	02/28/2014	F	373 <u>(7)</u> D	\$ 14.96	40,704	D	
Common Stock	07/18/2014	F	342 (8) D	\$ 16.21	40,704	D	
Common Stock					1,030	I	Held in 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (Instr.		5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)
				Code	V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Director 10% Owner Officer Officer

Hargreaves Glenn

701 COOL SPRINGS BOULEVARD Chief Accounting Officer

FRANKLIN, TN 37067

Signatures

/s/ Alfred Lumsdaine, by power of attorney for Glenn
Hargreaves
04/08/2015

**Signature of Reporting Person Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects 270 shares withheld to cover the payment of taxes following the vesting of 824 restricted stock units granted on February 12, 2009.
- Reflects 554 shares withheld to cover the payment of taxes following the vesting of 1,694 restricted stock units granted on February 21, 2012.
- (3) Reflects 36 shares withheld to cover the payment of taxes following the vesting of 109 restricted stock units granted on February 24, 2010.
- (4) Reflects 342 shares withheld to cover the payment of taxes following the vesting of 1,250 restricted stock units granted on July 19, 2012.
- (5) Reflects 554 shares withheld to cover the payment of taxes following the vesting of 1,694 restricted stock units granted on February 21, 2012.
- (6) Reflects 36 shares withheld to cover the payment of taxes following the vesting of 109 restricted stock units granted on February 24, 2010
- (7) Reflects 373 shares withheld to cover the payment of taxes following the vesting of 1,142 restricted stock units granted on February 28, 2013.
- (8) Reflects 342 shares withheld to cover the payment of taxes following the vesting of 1,250 restricted stock units granted on July 19, 2012. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.