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ADTRAN INC										
Form 4	`									
January 05, 2010									PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287	
Check this bo if no longer subject to Section 16. Form 4 or Form 5	MENT OF	F CHAN	NGES IN SECUI	Estimated burden hou response	urs per					
obligations may continue <i>See</i> Instructio 1(b). (Print or Type Resp	n			•	•	npany Act ny Act of 1	of 1935 or Secti 940	ion		
1. Name and Address of Reporting Person <u>*</u> IRELAND ROSS K			2. Issuer Name and Ticker or Trading Symbol ADTRAN INC [ADTN]			5. Relationship of Reporting Person(s) to Issuer				
(Last) (First) (Middle) 901 EXPLORER BLVD.			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2009			(Check all applicable) <u></u> Director <u></u> 10% Owner <u></u> Officer (give title <u></u> Other (specify below)				
(Street) HUNTSVILLE, AL 35806			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
		(7:					Person			
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned	
	ransaction Date nth/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit nAcquired Disposed (Instr. 3, -	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Report o	n a separate line	e for each cla	ass of sec	urities bene	ficially ow	ned directly	or indirectly.			
					inforr requi	nation cont red to resp ays a curre	spond to the collect tained in this form ond unless the fo ntly valid OMB co	n are not orm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Ame
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Secu
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired		

	Derivative Security				(A) orDisposed(D)(Instr. 3, and 5)					
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Ai or Ni of Sł
Non-Qualified Stock Option (right to buy)	\$ 22.55	12/31/2009	А		5,000		12/31/2010 <u>(1)</u>	12/31/2019	Common Stock	5

Reporting Owners

Ireland

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
IRELAND ROSS K 901 EXPLORER BLVD. HUNTSVILLE, AL 35806	Х			
Signatures				
By: Cathy Bartels For: Ross Ke	01	/05/2010)	

Explanation of Responses:

**Signature of Reporting Person

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

(1) Option is 100% vested on the first anniversary date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.