EMCOR GROUP INC

Form 4 June 10, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

2. Issuer Name and Ticker or Trading

OMB Number: 3235-0287

Number: 3235-0287 Expires: January 31,

5. Relationship of Reporting Person(s) to

Issuer

Estimated average

OMB APPROVAL

burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

obligations may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

CAMMAKER SHELDON I

		EMCOR GROUP INC [EME]					(Check all applicable)			
(Last) (First) (Middle) 301 MERRITT SEVEN			3. Date of Earliest Transaction (Month/Day/Year) 06/06/2014					Director 10% Owner X Officer (give title Other (specify below) below) EVP, Gen Counsel & Secretary		
NORWALK		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	Person Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially									
1.Title of Security (Instr. 3)	(State) 2. Transaction Do (Month/Day/Yea	r) Execution		3. Transaction Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ties A ispose 4 and (A) or	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of
Common Stock	06/06/2014			M	1,730	A	\$ 11.27	87,629	D	
Common Stock	06/06/2014			S	1,730	D	\$ 47	85,899	D	
Common Stock	06/09/2014			M	3,270	A	\$ 11.27	89,169	D	
Common Stock	06/09/2014			S	170	D	\$ 47.25	88,999	D	
Common Stock	06/09/2014			S	900	D	\$ 47.27	88,099	D	

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Common Stock	06/09/2014	S	100	D	\$ 47.28	87,999	D
Common Stock	06/09/2014	S	1,100	D	\$ 47.3	86,899	D
Common Stock	06/09/2014	S	1,000	D	\$ 47.32	85,899 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Transaction Derivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Options (right to buy)	\$ 11.27	06/06/2014		M	1,730	(2)	01/02/2015	Common Stock	1,730	
Employee Stock Options (right to buy)	\$ 11.27	06/09/2014		M	3,270	(2)	01/02/2015	Common Stock	3,270	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
CAMMAKER SHELDON I							
301 MERRITT SEVEN			EVP, Gen Counsel & Secretary				
NORWALK, CT 06851							

Reporting Owners 2

Signatures

Sheldon I.

Cammaker 06/10/2014

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
- (2) 1/3 exercisable on 1/03/2006; 1/3 exercisable on 1/03/2007; 1/3 exercisable on 1/03/2008.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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