EMCOR GROUP INC

Form 4 May 15, 2014

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

EMCOR GROUP INC [EME]

Symbol

1(b).

(Print or Type Responses)

MACINNIS FRANK T

1. Name and Address of Reporting Person *

See Instruction

			EWCOR GROOF INC [EWE]			(Check all applicable)					
(Last) 301 MERRI	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/13/2014					_X_ Director Officer (give below)		Owner er (specify	
Filed(Mon				endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
NORWALK	X, C1 06851							Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Yea	ar) Execution	med on Date, if Day/Year)	3. Transactio Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock								400,308 (1)	D		
Common Stock	05/13/2014			S	100	D	\$ 45.9	223,588	I	See Footnote (2)	
Common Stock	05/13/2014			S	100	D	\$ 45.91	223,488	I	See Footnote (2)	
Common Stock	05/13/2014			S	700	D	\$ 45.92	222,788	I	See Footnote (2)	

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Common Stock	05/13/2014	S	100	D	\$ 45.93	222,688	I	See Footnote
Common Stock	05/13/2014	S	700	D	\$ 45.94	221,988	I	See Footnote
Common Stock	05/13/2014	S	194	D	\$ 45.95	221,794	I	See Footnote
Common Stock	05/13/2014	S	2,174	D	\$ 45.96	219,620	I	See Footnote
Common Stock	05/13/2014	S	1,646	D	\$ 45.97	217,974	I	See Footnote
Common Stock	05/13/2014	S	432	D	\$ 45.98	217,542	I	See Footnote
Common Stock	05/13/2014	S	1,600	D	\$ 45.99	215,942	I	See Footnote
Common Stock	05/13/2014	S	1,505	D	\$ 46	214,437	I	See Footnote
Common Stock	05/13/2014	S	2,054	D	\$ 46.01	212,383	I	See Footnote
Common Stock	05/13/2014	S	960	D	\$ 46.02	211,423	I	See Footnote
Common Stock	05/13/2014	S	995	D	\$ 46.03	210,428	I	See Footnote (2)
Common Stock	05/13/2014	S	3,246	D	\$ 46.04	207,182	I	See Footnote
Common Stock	05/13/2014	S	2,303	D	\$ 46.05	204,879	I	See Footnote (2)
Common Stock	05/13/2014	S	1,076	D	\$ 46.06	203,803	I	See Footnote
Common Stock	05/13/2014	S	2,995	D	\$ 46.07	200,808	I	See Footnote

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								(2)
Common Stock	05/13/2014	S	3,312	D	\$ 46.08	197,496	I	See Footnote
Common Stock	05/13/2014	S	2,203	D	\$ 46.09	195,293	I	See Footnote
Common Stock	05/13/2014	S	1,896	D	\$ 46.1	193,397	I	See Footnote
Common Stock	05/13/2014	S	1,100	D	\$ 46.11	192,297	I	See Footnote
Common Stock	05/13/2014	S	600	D	\$ 46.12	191,697	I	See Footnote
Common Stock	05/13/2014	S	1,499	D	\$ 46.13	190,198	I	See Footnote
Common Stock	05/13/2014	S	1,398	D	\$ 46.14	188,800	I	See Footnote (2)
Common Stock	05/13/2014	S	1,802	D	\$ 46.15	186,998	I	See Footnote
Common Stock	05/13/2014	S	770	D	\$ 46.16	186,228	I	See Footnote
Common Stock	05/13/2014	S	530	D	\$ 46.17	185,698	I	See Footnote
Common Stock	05/13/2014	S	1,700	D	\$ 46.18	183,998 (3)	I	See Footnote

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable	e and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date		Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year))	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securities	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3 and 4)		Owne
	Security				Acquired					Follo
					(A) or					Repo
					Disposed					Trans
					of (D)					(Instr
					(Instr. 3,					
					4, and 5)					
				Code V	(A) (D)	Date Expi	iration '	Title Amount		
					(11)	Exercisable Date		or		
						Zaterensuere Butt		Number		
								of		
								Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Plante, Plantess	Director	10% Owner	Officer	Other			
MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851	X						

Signatures

Frank T. 05/15/2014 MacInnis **Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
 - These shares are owned by the Frank T. MacInnis 2012 GST Family Trust (the "Trust") for the benefit of the children and other descendants of the reporting person. Inasmuch as the reporting person's spouse is trustee of the Trust and his immediate family members
- (2) are beneficiaries of the Trust, the shares are reported as indirectly held by the reporting person. The reporting person disclaims beneficial ownership of the shares, and the filing of this report is not an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.
- (3) Transactions are continued on a Form 4 filed contemporaneously herewith.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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