POMPA MARK A Form 4

December 17, 2010

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * POMPA MARK A

(First)

(Street)

(Middle)

2. Issuer Name and Ticker or Trading

Symbol

EMCOR GROUP INC [EME]

3. Date of Earliest Transaction (Month/Day/Year)

12/15/2010

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Director 10% Owner X_ Officer (give title _ Other (specify below)

EVP & CFO

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NORWALK, CT 06851

301 MERRITT SEVEN

							C13011					
(City)	(State)	(Zip) Tab	ble I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4)	ed of	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Common Stock	12/15/2010		M	20,000	A	\$ 6.36	62,280	D				
Common Stock	12/15/2010		S	2,000	D	\$ 29.3487	60,280	D				
Common Stock	12/15/2010		S	2,000	D	\$ 29.3663	58,280	D				
Common Stock	12/15/2010		S	2,000	D	\$ 29.3905	56,280	D				
Common Stock	12/15/2010		S	2,000	D	\$ 29.395	54,280	D				

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Common Stock	12/15/2010	S	2,000	D	\$ 29.3995	52,280	D
Common Stock	12/15/2010	S	2,000	D	\$ 29.443	50,280	D
Common Stock	12/15/2010	S	5,200	D	\$ 29.45	45,080	D
Common Stock	12/15/2010	S	400	D	\$ 29.455	44,680	D
Common Stock	12/15/2010	S	400	D	\$ 29.46	44,280	D
Common Stock	12/15/2010	S	2,000	D	\$ 29.4855	42,280	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of tiorDerivative Securities (Month/Day/Y) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
Employee				Code V		(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to	\$ 6.36	12/01/2010		M		20,000	01/02/2002	01/01/2011	Common Stock	20,000

Reporting Owners

buy)

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
POMPA MARK A 301 MERRITT SEVEN NORWALK, CT 06851			EVP & CFO					

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Signatures

Mark A. Pompa 12/17/2010

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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