EMCOR GROUP INC

Form 4

November 23, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

SECURITIES

response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * MACINNIS FRANK T			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an approach)		
301 MERRITT	SEVEN		(Month/Day/Year) 11/20/2009	X Director 10% OwnerX Officer (give title Other (specify below) Chairman & CEO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NORWALK, CT 06851			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) (Instr. 3, 4 and 5) Form: Direct Code Beneficially Beneficial (Month/Day/Year) (Instr. 8) Owned (D) or Ownership Following Indirect (I) (Instr. 4) Reported (Instr. 4) (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price Common 11/20/2009 S 11,100 D \$ 24.5 772,747 D Stock Common 770,247 11/20/2009 S 2,500 D D Stock Common S 11/20/2009 4,000 D 766,247 Stock Common 6,500 11/20/2009 S 759,747 D Stock Common 11/20/2009 S 1,600 D 758,147 D Stock

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Common Stock	11/20/2009	S	900	D	\$ 24.55	757,247	D
Common Stock	11/20/2009	S	2,100	D	\$ 24.56	755,147	D
Common Stock	11/20/2009	S	800	D	\$ 24.57	754,347	D
Common Stock	11/20/2009	S	1,200	D	\$ 24.58	753,147	D
Common Stock	11/20/2009	S	800	D	\$ 24.59	752,347	D
Common Stock	11/20/2009	S	500	D	\$ 24.6	751,847	D
Common Stock	11/20/2009	S	100	D	\$ 24.61	751,747	D
Common Stock	11/20/2009	S	200	D	\$ 24.62	751,547	D
Common Stock	11/20/2009	S	300	D	\$ 24.63	751,247	D
Common Stock	11/20/2009	S	100	D	\$ 24.64	751,147	D
Common Stock	11/20/2009	S	400	D	\$ 24.65	750,747	D
Common Stock	11/20/2009	S	400	D	\$ 24.66	750,347	D
Common Stock	11/20/2009	S	400	D	\$ 24.67	749,947	D
Common Stock	11/20/2009	S	200	D	\$ 24.68	749,747	D
Common Stock	11/20/2009	S	100	D	\$ 24.69	749,647	D
Common Stock	11/20/2009	S	200	D	\$ 24.7	749,447	D
Common Stock	11/20/2009	S	300	D	\$ 24.71	749,147	D
Common Stock	11/20/2009	S	400	D	\$ 24.72	748,747	D
Common Stock	11/20/2009	S	500	D	\$ 24.73	748,247	D
Common Stock	11/20/2009	S	500	D	\$ 24.74	747,747	D
	11/20/2009	S	700	D		747,047	D

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Common Stock					\$ 24.75		
Common Stock	11/20/2009	S	200	D	\$ 24.76	746,847	D
Common Stock	11/20/2009	S	100	D	\$ 24.77	746,747	D
Common Stock	11/20/2009	S	2,600	D	\$ 24.78	744,147	D
Common Stock	11/20/2009	S	300 (1)	D	\$ 24.79	743,847	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. iorNumber of Derivativ	6. Date Exer Expiration D (Month/Day/e	ate	7. Titl Amou Under Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene
	Derivative Security				Securities Acquired			(Instr.	. 3 and 4)		Owne
					(A) or Disposed						Repo Trans
					of (D) (Instr. 3,						(Instr
					4, and 5)						
						Date Exercisable	Expiration Date	Title	Amount or Number of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851	X		Chairman & CEO			

Signatures

Frank 1.	11/22/2000
MacInnis	11/23/2009

Reporting Owners 3 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These transactions are continued on a Form 4 filed contemporaneously herewith.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4