EMCOR GROUP INC

Form 4

August 11, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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subject to Section 16. Form 4 or Form 5 obligations may continue.

if no longer

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * MATZ R KEVIN			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
301 MERRITT	SEVEN		(Month/Day/Year) 08/07/2008	Director 10% Owner _X_ Officer (give title Other (specify below) EVP - Shared Services		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)		
NORWALK, C	Т 06851			_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secu	rities Acquir	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securition Dispose (Instr. 3, 4	ed of ((D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	08/07/2008		M	20,000	A	\$ 4.048	116,633 (1)	D	
Common Stock	08/07/2008		S	1,000	D	\$ 30.5	115,633	D	
Common Stock	08/07/2008		S	2,000	D	\$ 30.53	113,633	D	
Common Stock	08/07/2008		S	1,000	D	\$ 30.56	112,633	D	
Common Stock	08/07/2008		S	1,000	D	\$ 30.58	111,633	D	

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Common Stock	08/07/2008	S	500	D	\$ 30.71	111,133	D
Common Stock	08/07/2008	S	500	D	\$ 30.74	110,633	D
Common Stock	08/08/2008	S	1,000	D	\$ 30.8	109,633	D
Common Stock	08/08/2008	S	1,000	D	\$ 30.82	108,633	D
Common Stock	08/08/2008	S	500	D	\$ 30.9	108,133	D
Common Stock	08/08/2008	S	500	D	\$ 30.9201	107,633	D
Common Stock	08/08/2008	S	500	D	\$ 30.95	107,133	D
Common Stock	08/08/2008	S	500	D	\$ 31.0801	106,633 (2)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Stock

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Derivative Expiration Date (Securities (Month/Day/Year) Acquired (A) or Disposed of (D) (Instr. 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Options	\$ 4.048	08/07/2008		M	20,000	01/04/2000	01/03/2009	Common	20,000

Reporting Owners

(right to buy) $\frac{(3)}{}$

Reporting Owner Name / Address Relationships

Reporting Owners 2

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Director 10% Owner Officer Other

MATZ R KEVIN 301 MERRITT SEVEN NORWALK, CT 06851

EVP - Shared Services

Signatures

R. Kevin Matz 08/11/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities beneficially owned by the reporting person has been increased by 4 shares to reflect a previous rounding error.
- (2) Includes shares issuable with respect to restricted stock units.
- (3) Derivative security is an employee stock option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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