EMCOR GROUP INC

Form 4

March 22, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * HAMM RICHARD F JR			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an apphendic)			
3005 FIRST AVENUE			(Month/Day/Year) 03/18/2005	X Director 10% Owner Officer (give title below) — Other (specify below)			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
SEATTLE, WA 98121			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative	Secui	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	03/18/2005		M	5,325	A	\$ 25.44	5,325	D	
Common Stock	03/18/2005		M	3,000	A	\$ 19.625	8,325	D	
Common Stock	03/18/2005		S	1,900	D	\$ 47.19	6,425	D	
Common Stock	03/18/2005		S	1,200	D	\$ 47.2	5,225	D	
Common Stock	03/18/2005		S	600	D	\$ 47.21	4,625	D	
	03/18/2005		S	100	D	\$ 47.26	4,525	D	

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Common Stock						
Common Stock	03/18/2005	S	1,000	D	\$ 47.32 3,525	D
Common Stock	03/18/2005	S	1,200	D	\$ 47.45 2,325	D
Common Stock	03/18/2005	S	300	D	\$ 47.47 2,025	D
Common Stock	03/18/2005	S	100	D	\$ 47.5 1,925	D
Common Stock	03/18/2005	S	600	D	\$ 47.56 1,325	D
Common Stock	03/18/2005	S	100	D	\$ 47.57 1,225	D
Common Stock	03/18/2005	S	400	D	\$ 47.59 825	D
Common Stock	03/18/2005	S	725	D	\$ 47.61 100	D
Common Stock	03/18/2005	S	100	D	\$ 47.63 0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			f Derivative Expiration Date ecurities (Month/Day/Year) acquired A) or bisposed of D) instr. 3, 4,		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	' (A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Shar
Non-Employee Stock Options (right to buy)	\$ 25.44	03/18/2005		M		5,325	(1)	01/01/2006	Common Stock	5,3

Non-Employee

(right to buy)

Stock Options \$ 19.625 03/18/2005

M

3,000 06/19/1998 06/18/2008

Common Stock

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

HAMM RICHARD F JR 3005 FIRST AVENUE SEATTLE, WA 98121

X

Signatures

Sheldon I. Cammaker, Attorney-in-Fact

03/22/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) $\frac{25\%}{6}$ became exercisable on $\frac{1}{02}/2001$; $\frac{25\%}{25\%}$ became exercisable on $\frac{4}{01}/2001$; $\frac{25\%}{25\%}$ became exercisable on $\frac{7}{01}/2001$; and $\frac{25\%}{25\%}$ became exercisable on $\frac{1}{001}/2001$.
- (2) Derivative security is a non-employee stock option granted in lieu of director's retainer fee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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